



HOT STUFF!

High temperatures in the Northwest and resulting energy concerns have employees asking, "What can we do to help?" The following list provides practical energy conservation ideas for your area:

- Turn off unnecessary or excessive lighting in buildings and work areas and allow windows to provide light when possible. Offices often have more lights than necessary, and using only a portion of the lighting provides adequate illumination for work. Facilities & Real Estate (F&RE) may be able to modify fixtures in areas that are not independently controlled.
- Adjust computers and monitors to sleep during periods of inactivity, and turn them off completely when long periods are expected, such as overnight, on weekends or while you're on vacation.
- Keep doors and windows shut to allow the air conditioning systems to work more efficiently. Problems with airflow and temperature should be solved through heating and ventilation

systems adjustments. Contact F&RE at 4-8054 for assistance or submit a request online.

- Make sure office lights and unnecessary equipment are turned off overnight and on weekends. Assign this task to the last person out in the evening or to housekeepers.
- Turn off switched corridor lights when entire areas are vacant.



Reminder: Verify restrooms are vacant before turning off the lights!



New Website!

Have you had a chance to check out the new website?

Take a few minutes to explore the new [SafetyTeam](#) page. It's where you'll now find the Monthly Member Update Form.

Make sure you update any bookmarks you might have!

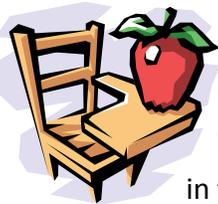
As always if you have any safety concerns or questions, please contact the SafetyTeam Coordinator at 503.494.7319 or safeteam@ohsu.edu

Thanks members... be safe!



Questions?

Contact Environmental Health & Radiation Safety at
503-494-7795



Topic of the Month

Eye and Face Protection

Eye and face protection is included in the **Personal Protective Equipment (PPE)** guidelines. Safety glasses, face shields, and masks are all examples of PPE. It is important to wear PPE **every time** that a blood, body fluid, chemical or radiation **exposure is possible, not just expected**. This is a conservative approach, but you never know when an accidental exposure will occur.

Nearly three out of every five eye injury victims were not wearing eye protection at the time of the accident. To prevent eye injuries, all people who may be in eye hazard areas must wear protective eyewear. This includes employees, patients, visitors, researchers, and contractors.

The basics of eye and face protection include:

- Chemical goggles and face shields are used when there is a hazard from chemical splash.
- Face shields are only to be worn over primary eye protection (safety glasses or goggles).
- Side protectors or ANSI-approved safety glasses are required when flying object hazards are present.
- Contact lenses are **not** adequate eye protection, and may result in additional irritation when worn in contaminated atmospheres.
- For employees who wear prescription eyeglasses, eye protectors should either

incorporate the prescription in the design or fit properly over glasses.



- Use appropriate filter lenses shall to protect against light radiation. Tinted/shaded lenses are not filter lenses unless they are marked or identified as such.

In addition to knowing what PPE to use, employees must understand how and when to properly use it. **Employees injured while not wearing protective eyewear most often did not believe it was required by the situation.** OHSU provides eye protection at **no cost to employees**, and training is available appropriate for selection and use of eyewear.



The biggest complaints against wearing PPE are comfort and fit. Because of this, eye and face protection is available in a variety of sizes and styles. PPE is most effective when it fits properly, and training employees on how to wear it can increase the protective value of PPE.

Every piece of PPE has limitations on effectively preventing exposures. In the case of eye protection, it is still possible for liquids, aerosols, and gases to pass around the edges of the protective equipment. Employees must understand these limitations.

Safety glasses and goggles are available online through Logistics and from the F&RE storeroom.



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