

Are you a prostate cancer survivor looking to become more physically active?

A RESEARCH OPPORTUNITY

WHAT IS INVOLVED?

- Participants will train for strength or flexibility 3 times per week for 12 months
- Measurements of bone health, body composition, and physical fitness will be taken 3 times over 12 months

WHO MAY PARTICIPATE?

- Men who have had a prostate cancer diagnosis and are receiving ADT by either:
 - Taking hormone therapy that reduces testosterone levels OR
 - Surgical removal of the testes as part of their prostate cancer treatment
- Additional eligibility will be assessed during a brief telephone call



Your participation could help improve survivorship for men with prostate cancer.

Please Contact:

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