

Are you a breast cancer survivor looking to become more physically active?

RESEARCH OPPORTUNITIES at OHSU

WHAT IS INVOLVED?

- Participants will train for strength or flexibility 3 times per week for 12 months.
- Bone health, body composition, and physical function will be assessed 3 times over 12 months.

WHO MAY PARTICIPATE?

Study 1: Breast cancer survivors who experienced early menopause from cancer chemotherapy treatment.

Study 2: Breast cancer survivors who were 50 years of age or older at diagnosis and are at least one year past completion of radiation therapy and/or chemotherapy.

* Additional eligibility criteria will be assessed during a brief telephone call.



OHSU is an equal opportunity, affirmative action institution. 0206(5)

Your participation could help improve survivorship for women with breast cancer!

Please Contact:

Study 1: JESSICA CARMONA, MS at 503-494-4427

Study 2: ANN REINER, RN, OCN at 503-494-5765

E-mail: exercise@ohsu.edu

Visit: www.ohsu.edu/son/survivorship



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