

Are you a breast cancer survivor looking to become more physically active?

A RESEARCH OPPORTUNITY at OHSU

WHAT IS INVOLVED?

- Participants will attend an aerobic, strength or stretching class 3 times per week for 18 months.
- Physical function, body composition, and quality of life will be assessed 5 times over 18 months.



WHO MAY PARTICIPATE?

- Breast cancer survivors who are 65 years of age and are at least two years past completion of radiation therapy and/or chemotherapy for breast cancer.
- Additional eligibility criteria will be assessed during a brief telephone call.

Your participation could help improve survivorship for women with breast cancer!

Please Contact:

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IRB # 3316