

Internet Resources for Childbearing & the Pelvic Floor

<http://www.nafc.org/site2/index.html> The National Association for Continence

http://www.srsmedical.com/education/srs_training_programs.htm (information about training programs with Janet Hulme, PT)

<http://www.augs.org/i4a/pages/index.cfm?pageid=1> The American Urogynecologic Society; has sample history and physical exam sheets for patients with pelvic floor disorders

http://www.bladderinfo.com/conditions/problems_stress.htm A resource for people with overactive bladder

<http://kidney.niddk.nih.gov/kudiseases/pubs/uiwomen/index.htm> National Kidney and Urologic Diseases Clearinghouse webpage; includes a good, easy-to-read article on bladder control for women. The NIDDK also has excellent brochures on bladder control topics, including one on bladder control and childbirth.