

## Course Work

NURS 305/405 Reading and Conference  
1-2 credits any term, Hours to be arranged.  
*Prerequisites:* NONE

NURS 307/407 Seminar  
1-2 credits any term: Hours to be arranged.  
*Prerequisites:* NONE

NURS 309/409 Practicum  
2 credits any term. Hours to arranged  
*Prerequisites:* NONE

NURS 309C Labor and Delivery Practicum for Grad Entry Only  
2 credits  
*Course Description:* This practicum course focuses on the role of the professional nurse in labor and delivery. Students will get experience in assessing maternal and fetal well-being, managing pain, labor coaching, and immediate post-partal care.  
*Prerequisites:* NONE. This course is taken concurrently with NURS 386, 387

NURS 352 Evidence Based Practice - for RNBS only (formerly Nur 470)  
3 credits  
*Course Description:* This course introduces RN's to current thinking in the profession regarding using research evidence as a basis for nursing practice. This course is the transition course for RN's returning to nursing school. This RN-BS transition course provides students with skills and understanding to question standard nursing practices, seek evidence to evaluate practices, and appraise the evidence to determine which practices yield the best client outcomes.  
*Prerequisites:* None

NURS 354 Chronic Illness/Family  
4 credits  
*Course Description:* The purpose of this course is to provide a foundation for concepts that underlie evidence-based nursing practice with persons and families who live with chronic conditions presented across the life span.  
*Prerequisites:* First summer quarter courses as taught on each campus.

NURS 356 End of Life/Family  
4 credits  
*Course Description:* This course examines the theoretical and research foundations of care for patients and families across the lifespan during the transition at the

end of life. Concepts of palliative and supportive nursing care within an interdisciplinary team model are emphasized. Students will explore physical, psychosocial and spiritual responses in progressive illness, dying, and death.  
*Prerequisites:* First summer quarter courses as taught on each campus.

NURS 360 Health Assessment  
3 credits  
*Course Description:* This course provides the basis for health assessment of individuals across the lifespan.  
*Prerequisites:* NONE This course is taken concurrently with Nursing 361: Health Assessment/Health Promotion Practicum.

NURS 361 Health Assessment/Health Promotion Lab  
2 credits  
*Course Description:* This practicum is designed to provide the student with laboratory and clinical experience across the lifespan, to develop beginning competency in therapeutic communication, comprehensive health assessment, and coaching clients for health promotion. Practice experiences are specifically designed to achieve the competencies in each of the concurrent theory courses.  
*Prerequisites:* NONE

NURS 362 Health Promotion  
2 credits  
*Course Description:* This course emphasizes nursing's role and competencies in health promotion and the development of individual and family self-care skills and their context within the community. Also addressed are the range of health determinants throughout the lifespan, and evidenced-based practice behind the reduction of health risks and enhancement of protective factors. Cultural, social, environmental and economic factors that influence behaviors and health status will be examined, along with potential biases that can affect health-coaching efforts. A variety of direct care experiences in select settings will be offered through a concurrent clinical course. NOTE: This course will prepare students for competencies 3 & 4. These skills will occur in the accompanying clinical/lab course.  
*Prerequisites:* NONE

NURS 362 Health Promotion for RNBS only  
3 credits  
*Course Description:* This course emphasizes the nurse's role and required skills in health promotion and the

development of individual and family self-care competencies, and their relationships within the community. The range of health determinants throughout the lifespan and those lessons learned in the scholarship of application to reduce health risks and enhance protective factors will be addressed. Cultural, social, environmental and economic factors that influence behaviors and health status will be examined, along with potential biases that can affect health-coaching efforts. A variety of direct care experiences in varied settings will be designed to enrich student skill and knowledge of context.

*Prerequisites:* NONE

NURS 368 Introduction to Clinical Nursing  
3 credits

*Course Description:* This course focuses upon the knowledge and conceptual bases for beginning therapeutic nursing interactions with and interventions for clients. The course content builds upon knowledge of humanity, communication, and previous and/or concurrent courses.

*Prerequisites:* First summer quarter courses as taught on each campus. This course is taken concurrently with NURS 369.

NURS 369 Introduction to Clinical Nursing: Practicum  
4 credits

*Course Description:* This course focuses upon the development of beginning therapeutic nursing interactions and interventions with patients/clients. Students learn the practice application of cognitive, psychomotor, technical and interpersonal skills with individual patient/clients in the health care setting.

*Prerequisites:* First summer quarter courses as taught on each campus. This course is taken concurrently with NURS 368.

NURS 370 Foundations For Nursing Practice  
2 credits

*Course Description:* This course introduces the student to the ethical, legal, and interpersonal foundations of nursing practice. Students will be provided with guided learning activities in order to develop beginning level competence in developing professional relationships with clients across the lifespan and representing diverse populations, monitoring their own practice with regard to standard guidelines, finding and using evidence to support clinical decisions, and thinking critically about external forces that influence nursing practice.

*Prerequisites:* NONE

NURS 372 Pathophysiological Processes: A Foundation for Nursing Practice  
3 credits

*Course Description:* This course provides an introduction to pathophysiological processes that underlie many

different disease states and health deviations across the life span. Human responses to these pathophysiological processes will be explored to provide a foundation for nursing practice.

*Prerequisites:* First summer quarter courses as taught on each campus.

NURS 374 Clinical Pharmacology  
3 credits

*Course Description:* This course provides a basic theoretical framework for pharmacodynamics and pharmacokinetics and their application to nursing. The content focuses on nursing implications relevant to pharmacology, including application across diverse populations, elements of clinical decision making, safe nursing practice, and establishing and monitoring client outcomes.

*Prerequisites:* NONE.

NURS 384 Nursing Care of Adults with Physiological Alterations  
4 credits

*Course Description:* This course focuses on the analysis, integration, and evaluation of the scientific knowledge underlying the nursing management of human responses of adults to potential or actual physiological alterations in health status. This course emphasizes clinical decision-making in setting priorities and in selecting therapeutic interventions across the trajectory of health and illness. The effect of multiple interacting environments upon the ill adult are examined.

*Prerequisites:* First summer and fall quarter as taught on each campus. (Usually taken concurrently with NURS 385).

NURS 385 Nursing Care of Adults with Physiological Alterations: Practicum  
5 credits

*Course Description:* This course promotes the application of scientific knowledge in the diagnosis and management of human responses of adults to potential or actual physiological alterations in health status. The clients are primarily hospital-based, physiologically unstable adults with diverse characteristics. Continuity of care across the trajectory of health and illness is emphasized. The effects of multiple interacting environments upon the nurse-patient relationship are examined.

*Prerequisites:* First summer and fall quarter as taught on each campus, and NURS 384 (or may be taken concurrently with NURS 384).

NURS 386 Nursing Care of Families During Health and Illness  
4 credits

*Course Description:* This course examines the theoretical and research foundations of family as context and

client. Exemplars include developmental theories, clinical decision making in health and illness. Concepts of therapeutic nursing interventions with families who are childbearing are emphasized.

*Prerequisites:* First summer and fall quarter as taught on each campus. (Usually taken concurrently with NURS 387).

NURS 387 Nursing Care of Families During Health and Illness: Practicum

5 credits

*Course Description:* This course applies the theoretical, research, and practice foundations to nursing care of families. Therapeutic nursing interventions with families and children are practiced.

*Prerequisites:* First summer and fall quarter as taught on each campus, and NURS 386 (or may be taken concurrently with NURS 386).

NURS 471 Clinical Focus Practicum

5-7 credits

*Course Description:* This course examines selected psychosocial and physiological processes and their relationship to caring and caring therapeutics in clinical nursing practice. This course provides opportunities to explore multiple nursing roles, apply therapeutic interventions, think critically, and communicate skillfully with multiple clients in designated settings.

*Prerequisites:* Successful completion of the first year of upper division coursework, (including; NURS 370, 371, 372, 368, 369 and 374).

NURS 471C Clinical Focus -Immersion - PDX only

7 credits

*Course Description:* This course examines selected psychosocial and physiological processes and their relationship to caring and caring therapeutics in clinical nursing practice. This course provides opportunities to explore multiple nursing roles, apply therapeutic interventions, think critically, and communicate skillfully with multiple clients in designated settings.

*Prerequisites:* Successful completion of the first year of upper division coursework, (including; NURS 370, 371, 372, 368, 369, and 374).

NURS 472 Leadership and Management in Nursing

3 credits

*Course Description:* This course analyzes concepts related to nursing leadership and management in the context of health care delivery systems, and examines leadership and management roles in relationship to tradition, change, and socially responsible nursing practice.

*Prerequisites:* First summer and first fall quarter as taught on each campus.

NURS 474 Health Policy in Nursing

3 credits

*Course Description:* This course analyzes health and social policy, and examines relationships among sociocultural, political, economic, technological, environmental, ethical, and legal factors as they impact nursing practice, health care delivery, and public policy.

*Prerequisites:* First summer and first fall quarter as taught on each campus.

NURS 476 Ethics in Nursing

3 credits

*Course Description:* This course introduces the student to the analysis of ethical issues and dilemmas that arise in nursing practice and in health care systems. Emphasis is on values clarification; models for ethical decision making; collaborative approaches to analysis of ethical dilemmas; consideration of relevant legal aspects; and related documents that guide professional practice. Legal aspects of nursing practice are explored.

*Prerequisites:* First summer and first fall quarter as taught on each campus.

NURS 484 Mental Health Nursing

4 credits

*Course Description:* This course examines the theoretical and research bases for mental health nursing of vulnerable populations across the lifespan. Mental health problems of individuals, families and groups are explored within their environmental and cultural context. Emphasis is on the self-reflective aspect of critical thinking as it pertains to therapeutic interventions and interpersonal relationships.

*Prerequisites:* First summer and first fall quarter as taught on each campus,

NURS 485A-C Mental Health Nursing: Practicum

5 credits

*Course Description:* This course provides experiences in delivering nursing care to selected vulnerable populations. Students apply critical thinking skills and knowledge to mental health nursing interventions with diverse clients. This course is offered either as one practicum course or as a series over three quarters in the Junior and Senior year. Sequencing varies by campus

*Prerequisites:* First summer and first fall quarter as taught on each campus. NURS 484 taken concurrently or prerequisite to series.

NURS 486 Community & Environmental Health Nursing

4 credits

*Course Description:* This course examines community and environmental health nursing as a synthesis of knowledge and practice from nursing, public health, environmental health and other disciplines to enhance the quality of life through health promotion and disease

prevention at the community level. Selected environmental impacts on health are studied. Students identify health issues for selected populations, and plan assessment, intervention and evaluation strategies for use with individuals, families, and vulnerable populations.

*Prerequisites:* NURS 487 is usually taken concurrently; Two of the three following course sets: NURS 484 and 485; NURS 386 and 387; NURS 384 and 385; also NURS 370, 371, 372, 369 and 374.

NURS 487 Community & Environmental Health Nursing : Practicum  
5 credits

*Course Description:* This course provides an opportunity for students to apply a synthesis of knowledge and practice from nursing, public health, environmental health, and other disciplines in the community. A multidimensional assessment process is used to formulate plans of care. Community level implementation focuses on promoting the health of client systems within the context of public health and environmental health approaches to health promotion and disease prevention.

*Prerequisites:* NURS 486 or may be taken concurrently; Two of the three following course sets: NURS 484 and 485; NURS 380, 386 and 387; NURS 384 and NURS 385; also NURS 370, 371, 372, 368, 369, and 374.

NURS 487 Community & Environmental Health Nursing : Practicum - for RNBS only  
6 credits

*Course Description:* This course provides an opportunity for students to apply a synthesis of knowledge and practice from nursing, public health, environmental health, and other disciplines in the community. A multidimensional assessment process is used to formulate plans of care. Community level implementation focuses on promoting the health of client systems within the context of public health and environmental health approaches to health promotion and disease prevention.

*Prerequisites:* Nur 486.

NURS 488 Reflective Nursing Practice  
2 credits

*Course Description:* This course provides opportunity for synthesis and evaluation of professional nursing role behaviors essential to care of clients experiencing complex care needs in a variety of settings. Emphasis is placed on refinement of critical thinking and communication skills and the integration of a range of therapeutic interventions into nursing practice, including those appropriate to individual clients, their families/significant others, and relevant population-based groups.

*Prerequisites:* All other upper division nursing major courses.

NURS 488A Reflective Nursing Practice  
2 credits

*Course Description:* Revised course. Currently being developed.

*Prerequisites:* Successful completion of the first year of upper division coursework

NURS 488B Reflective Nursing Practice  
2 credits

*Course Description:* Revised course. Currently being developed.

*Prerequisites:* Successful completion of the first year of upper division coursework

NURS 489 Reflective Nursing Practice: Practicum  
7 credits

*Course Description:* This course provides opportunity for synthesis and evaluation of professional nursing role behaviors essential to care of clients experiencing complex care needs in a variety of settings. Emphasis is placed on refinement of critical thinking and communication skills and the integration of a range of therapeutic interventions into nursing practice, including those appropriate to individual clients, their families/significant others, and relevant population-based groups.

*Prerequisites:* All other upper division nursing major courses.

NURS 489 Reflective Nursing Practice: Practicum - for RNBS only  
6 credits

*Course Description:* This course provides opportunity for synthesis and evaluation of professional nursing role behaviors essential to care of clients experiencing complex care needs in a variety of settings. Emphasis is placed on refinement of critical thinking and communication skills and the integration of a range of therapeutic interventions into nursing practice, including those appropriate to individual clients, their families/significant others, and relevant population-based groups.

*Prerequisites:* All other upper division nursing major courses.