

# Pregnancy and Early Parenting Education Program

Email completed form to [birthing@ohsu.edu](mailto:birthing@ohsu.edu)

CareOregon Recipient Information							
Name of expectant parent							
Name of support person							
CareOregon member ID#							
CCO assigned							
Address							
City, state and zip							
Phone number							
Email address							
Due date							
Name of maternity care provider							
<b>**E-classes</b> are available in English, Spanish, Portuguese, Mandarin, German, French, Arabic and Japanese. Choose your language preference when you log in.	In-person or virtual (see class description)				**Self-guided E-classes		
	Understanding Birth	Understanding Breastfeeding	Understanding Your Newborn	Understanding Infant Safety	Understanding Birth Self-guided e-class	Understanding Breastfeeding Self-guided e-class	Understanding Your Newborn Self-guided e-class
We offer 1 free class per family. Select your class.							
Add your preferred class date.							