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## Novel Strategies for Stabilizing the Pharmacy Technician Pipeline in Central Oregon

Sheila S. Jordan, MMGT, CHCP Founder and Managing Director, workability LLC October 12, 2023 https://www.youtube.com/watch?v=t5fKM61AT-Q&t=53s

#### Song "Pills" by St. Vincdent

https://www.youtube.com/watch?v=hwFx0ROBf7o

https://kpic.com/news/local/pharmacies-with-staffing-shortages-dealing-with-long-lines-upset-customers

## **Disclosures**

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- We'd like to extend our deepest gratitude to the Central Oregon Health Council, who funded this workforce program with an \$80,000 community development grant in October 2022.
- Sheila S. Jordan is the founder and owner of workability LLC.

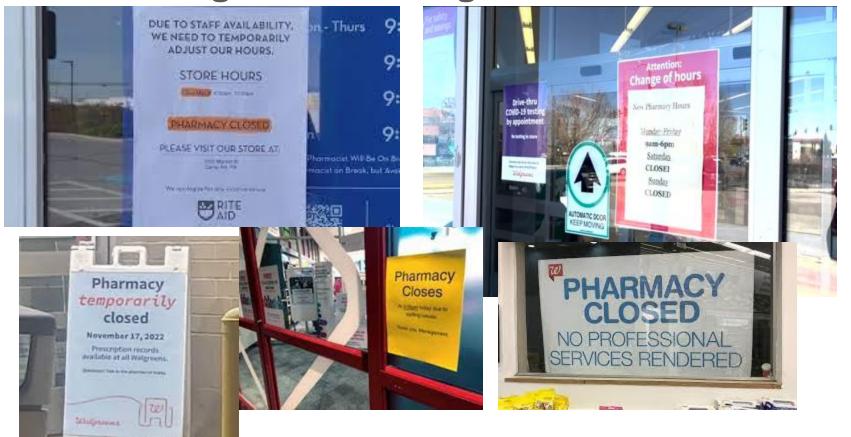
Founded in 2021 as <a href="www.workability.one">www.workability.one</a>, a specialty job board that connects neurodiverse and disabled talent with inclusive employers worldwide. We also provide Job Placement Services for Oregon's Vocational Rehabilitation Dept.

## **Learning Objectives**

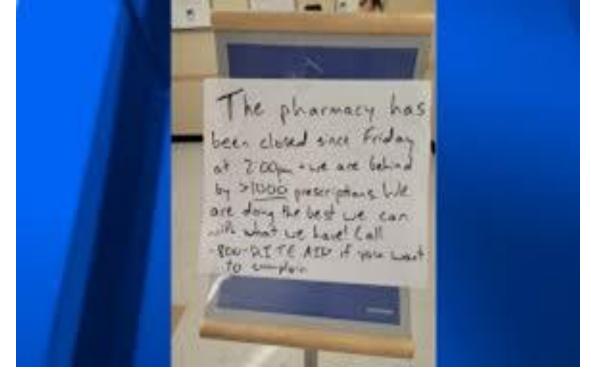
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- Recall the <u>retail pharmacy</u> environment at the height of the pandemic, when staff shortages forced store closures.
- Describe how workability identified a learning gap and developed its needs assessment for this grant proposal.
- Describe educational program strategies.
- Share results of educational program activities and review licensing results.

## Familiar Signs at the Height of the Pandemic

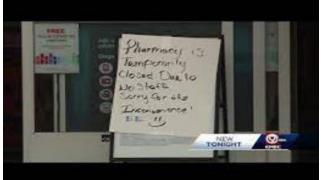


Photos sourced from Google images are representative of national pharmacy staffing shortage.



"The pharmacy has been closed since Friday at 2 p.m. and we are behind by >1000 prescriptions. We are doing the best we can with what we have! Call 1-800-RITE-AID if you want to complain."





#### Think Out Loud

https://www.opb.org/article/2021/11/12/pharmacies-across-oregon-struggling-with-staffing-shortages/



## Pharmacies Across Oregon Struggle With Staff Shortages

"There is a huge pharmacy technician shortage right now in the state of Oregon. I talked to one independent pharmacy owner in Eastern Oregon who said, 'It's not like I can just post an ad. And it doesn't matter what I want to pay someone. There isn't another pharmacy technician in my community that can come to work for me right away. It's going to take me-- I have to hire someone fresh, I have to train them over a year. This is not something I can fix right away." - Kevin Russell, Central Oregon Regional Director on the Oregon State Pharmacy Association Board

- Oregon Public Broadcasting "Think Out Loud," November 21, 2021

## Height of the COVID-19 Pandemic



- An already existing shortage of pharmacy technicians in Oregon.
- The Board of Pharmacy had reduced the barriers to becoming a Pharmacy Technician: formal training requirements and CPhT certification was no longer required in order to become licensed.
- Primary Requirements:
  - Age 18 and up
  - Pass the state-required Background Check

### A Path to a Professional License



- Reducing financial barriers is essential to attracting a broad audience and empowering a diverse pharmacy technician workforce.
- Providing virtual courses where learners did not have to travel to participate in an on-campus class or lab
- License application fee reimbursements (\$147) removed financial barriers
- Input from retail pharmacies, including grocery store-based pharmacies was helpful in shaping the program.

## **Course Description**



- Focus was on <u>RETAIL</u> not hospital or compounding technicians
- Online, self-paced 120-Hour Course that covers all the knowledge areas required in the PTCB Certified Pharmacy Technician (CPhT) core competencies:
  - Federal Requirements, State Requirements and Practice Standards
  - Patient Safety and Quality Assurance
  - Order Entry and Processing, Inventory Management
  - Administrative and Management
- A 2-hour Cultural Competency for Pharmacy Technicians course was added and mandated for all grant recipients



# Pharmacy Technician Certification Exam Premium

4 full-length practice tests with detailed answer explanations

FOR THE LATEST EXAM BLUEPRINT

- Online practice with a timed test option and scoring
- Detailed content review and practice for all topics on the exam
- Expert advice on exam scoring, recertification, and more



Sacha Koborsi-Tadros, PharmD

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www.pharmacytechscholar.com

## **About PharmacyTechScholar**

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Online education provider focused on incorporating best practices for professional and adult education to facilitate career advancement:

- Self-directed learning
- Regular assessment and feedback
- Flexibility
- Clear structure and navigation
- Collaboration and community
- Use of multimedia
- Continuous improvement

- The 120-hours to CPhT course is recognized by the Pharmacy Technician Certification Board as a qualifying education program for the Pharmacy Technician Certification Exam
- Program director is a doctorally trained, registered pharmacist with experience in hospital and community pharmacy, pharmacy entrepreneurship, and the pharmaceutical industry





#### **Meet Prospective Learners Where They're At:**

- Radio advertising on Warm Springs Radio and La Bronca, Spanishlanguage radio station based in Redmond.
- Print advertising in Your Prineville Roundup and the La Pine
- Flyers at local high schools, libraries, grocery store bulletin boards
- KTVZ TV26 and ktvz.com in-depth media coverage.

## Hyper Local Advertising in Underserved, Outlying Areas

Ever considered a career as a

## Pharmacy Technician?

Thanks to a grant from Central Oregon Health Council we are accepting applications to participate in a FREE on-line training program

#### To qualify you must have:

- High school diploma or GED or be close to completing one (high school juniors & seniors who will be 18 at graduation are eligible)
- · Clean driver's license
- Clean background check

#### What you need to do:

- · Participate in on-line orientation
- Sign an educational agreement
- · Complete on-line training within SIX months
- Participate in at least two on-line support group session per month
- · Complete surveys we send
- Report back to us when you get a job where you're working, pay rate and start dates

#### How we support you:

- Access to free on-line training program - no cost to you
- Once training is complete we help you apply for Oregon Pharmacy Technician license
- Online support groups
- We support you in your search for a job when you are done

#### **APPLY NOW!**

#### www.workability.one

look for FREE TRAINING postings

We will contact you within 30 days and let you know if you have been selected to participate in this program!

#### Over the Air

- Warm Springs Community Radio
- La Bronca Spanish-language Radio Station
- KTVZ TV News Coverage

#### **Local Newsletters and Circulars**

- Your Prineville Roundup
- LaPine Wisebuys
- Flyers on community bulletin boards

#### **Online**

- www.workability.one
- Craigslist Jobs, Google Ads
- facebook.com groups
- ktvz.com
- Social Media Posts



## **Program Statistics** (COHC only)

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- Over 100 applications were submitted
- 36 learners enrolled in the program
- 27 learners remained in the program
- 9 learners have completed the cultural competency portion
- 4 learners have completed the program in its entirety to date
  - Range of 49 to 188 days total to complete, with a mean of 137 days



## **Course Participation Observations**

- Grant recipients were more likely to participate in live virtual classroom discussions on the Pharmacy Tech Scholar platform than other learners
- Grant recipients were more likely to engage in platform messaging with the program director regarding course material and pharmacy career paths
- Elevated levels of engagement were associated with increased pace in completing the program and with course exam performance
- Learners reported a high level of satisfaction with the online course platform, availability of the program director for questions and guidance, and the material
- Learners reported mainly positive experiences with the cultural competency module



## So, who earned their license?

	Participant	Coursework Completed	Cultural Competency	Resides in	Works in	Bilingual
1	Aiden G.	29%	100%	Bend	NE Bend	
2	Carol F.	37%	100%	Powell Butte	NE Bend	
3	Natalie F.	81%	100%	Bend	Bend	
4	Julie W.	100%	100%	Redmond	Redmond	
5	Luke R.	100%	100%	Bend	SE Bend	
6	Murray C	100%	100%	Bend	Bend	
7	Rodrigo B.	94%	-	Bend	Bend	✓

## So, who's close to completing the online coursework?

	Participant	Location	120-Hour Course Percent Completed	Cultural Competency	Bilingual
1	Chelsea P.	Metolius	86%	100	✓
2	Natalie F.	Bend	81%	100	
3	Connie K.	Madras	78%	0	
4	DeLora L.	Prineville	75%	0	<b>√</b>
5	Luz J.	Prineville	67%	0	<b>√</b>
6	Joseph P.	Bend	67%	100	
7	Desiree B.	Prineville	32%	50%	
	Emily R.	Bend	13%	100	<b>√</b>



## Our Observations, Projected Results

- Once learners hit 75% course completion, we encouraged them to submit their application for a technician license.
- Once they got their license, they started working, regardless of whether they completed the online course.
- 12 to 15 <u>licensed</u> Pharmacy Technicians by end of 2023.
- Another five qualified to work as Pharmacy Clerks by end of 2023
- Cultural Competency CE Requirement integrated into coursework



## New Career, Substantial Increase in Pay

According to Indeed, the average Fred Meyer Certified Pharmacy Technician hourly pay in Oregon is approximately \$21.77, which is 21% above the national average.

Prior to earning a pharm tech license, learners made about \$16 per hour. 30% increase in hourly pay.

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Please rate whether or not you feel each of the following objectives was met:

## Cultural Competency Program Survey Results

	Strongly disagree	Disagree	Neutral	Agree	Strongly agree
Identify cultural factors that may influence provider and patient behaviors	0	0	0	4	7
Command knowledge on how to maintain a non-judgmental and respectful environment during patient encounters	0	0	0	5	6
Define cultural competence and related concepts	0	0	0	5	6
Command knowledge of health disparities and social determinants of health	0	0	0	4	7
Identify specific communication methods to collaborate with and empower patients in making health care decisions	0	0	0	5	6

# Cultural Competency Program Survey Results

How relevant was the content to your practice?

W	or	ka	bi	lity	<b>V</b> ™
				1	

Not relevant at all	Minimally relevant	Somewhat relevant	Moderately relevant	Highly relevant
0	0	1	2	8
ow interesting was th	e topic to you?			
Not interesting at all	Minimally interesting	Somewhat interesting	Moderately interesting	Highly interesting
0	1	3	2	5
lease rate the followin	g statement: The activity	was presented tree from	any commercial bias	
lease rate the followin	g statement: The activity Disagree	was presented tree from Neutral	any commercial bias Agree	Strongly agree
				Strongly agree
Strongly disagree	Disagree	Neutral 0	Agree	E-mod/A-minus-
Strongly disagree	Disagree 0	Neutral 0	Agree	E-mod/A-minus-

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## Cultural Competency Program Survey

Results

Please rate the following statements in regards to the speaker:

	Strongly disagree	Disagree	Neutral	Agree	Strongly agree
Utilizes smooth transitions and presents information with a logical flow	0	0	0	4	7
Explains subject matter in familiar language	1	0	0	4	6
Speaks clearly and at appropriate volume and pace	0	0	0	4	7
Demonstrates comprehension of topic	0	0	1	2	8
Covers appropriate amount of material with an appropriate level of complexity	0	0	1	4	6

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## Cultural Competency Program Survey Results

lease rate the followi	ng statements in regar	ds to the instructional	materials		
	Strongly disagree	Disagree	Neutral	Agree	Strongly agree
Are of appropriate length	0	0	3	4	4
Complement the presentation	0	0	1	6	4
Can be used as a reference	0	0	0	6	5
Are well organized	0	0	0	5	6
would recommend th	nis CPE activity to other	rs			
Strongly disagree	Disagree	Neutral		Agree	Strongly agree
0	0	1		6	4



## **Common Reasons for Withdrawing**

- Husband-and-Wife CNAs who were looking for "less physically demanding" jobs in healthcare had to withdraw due to medical emergency
- Several participants landed unrelated jobs because they couldn't wait to finish the program before starting to work / earn income.
- Several decided coursework was more difficult than they expected, and that it wasn't for them.
- Some tried in earnest but couldn't get through the content.
- Lots of applicants from Madras and La Pine, though few finished.

## So what did we learn?

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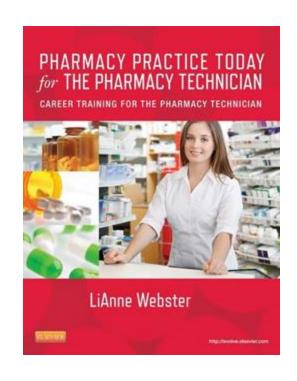
- Life happens.
- 2. Courses take longer to complete than expected, because...life happens.
- Rolling application and enrollment process was key: set start/stop dates would have been disastrous.
- 4. Budget for twice as long as you think is needed.
- 5. Local media is key to drawing applicants.
- 6. Most applicants were aged 45 to 64
- 7. Most applicants had some college but no degree
- 8. Several participants started the program and got jobs as Pharmacy Clerks, and were promoted to Pharmacy Technician with a few months. Enrolling in the course gave them the confidence to apply for Clerk jobs.
- 9. Virtual classroom sessions were key in keeping learners engaged
- 10. Regular check-ins keep learners on track.

## So, what's next?

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We've adapted the program to meet the needs of neurodiverse and disabled high schools as part of a Pre-Employment Training Service (Pre-ETS) Program for Oregon Vocational Rehabilitation:

- 15-Hour online Introduction to Pharmacy Clerk
   Careers (vs. 120-Hour Test Prep for Technicians)
- 2-Hour online Cultural Competency Course
- Textbook change focuses on day-to-day operations vs.test prep
- Placement in a pharmacy environment for a Summer work experience.
- Engraved Name Badge





### This Model Can Work for Rural Areas

- 1. Content is online and self-paced
- 2. Weekly, live sessions with a licensed healthcare professional is key to keeping learners engaged.
- 1. Shipping a hard copy book can help cements commitment to the program.
- Monitoring learners' progress and conducting regular check-ins provide gentle nudges to keep learners going.



## **Thanks for Joining Us!**



#### Sheila S. Jordan, MMGT, CHCP

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www.workability.one



## **Thank You Partners!**







**NETWORK**<sup>TM</sup>

















Building healthier communities together