

Getting Started: Living with Memory Concerns

A free monthly online workshop for those new to
Alzheimer's disease and related dementia

Presented in partnership with the **Alzheimer's Association**, this workshop covers ways to care for those with memory disorders, support for care partners, how to plan for the future and introduces services provided by OHSU and the Association.

Join us if you, a family member or a friend...

- Have memory concerns
- Have MCI, dementia or a related disorder
- Have questions about dementia

**First Thursday
of every month**
3 to 4:30 p.m.

This is an online event.
You'll receive a web link once you register.

To register, please call the Alzheimer's Association at 800-272-3900

For more information:
Call 503-494-7615 or email AlzheimersRN@ohsu.edu

