

Program Description for: **MINNESOTA**

Name: Gloria Cade RN, BSN,CHPN **Mail Address:** Allina Home and Community Services
Title: Director of Hospice 1055 Westgate Drive, Suite 100
Phone: 612-262-7021 St. Paul, MN 55114-1451
Fax: 651-628-2999
E-mail: Gloria.Cade@allina.com

Date Completed: 02/16/2007 **Date Updated:** 02/23/2010

Program Name: POLST (Provider Orders for Life-Sustaining Treatment)

State or Region: Minnesota

Area of Use: Allina Health System serves a patient population that spans a 28 county area

- Program Status:**
- No Program (possibly state contacts)
 - Developing Program
 - Endorsed by National POLST Paradigm Initiative Task Force

Name of program / form: POLST

Yes	No	Optional	POSSIBLE POLST PARADIGM COMPONENTS
X			1. Form has a uniform, standardized color
X			2. Decisions reflected in the form are medical orders that must be followed by emergency personnel in the field and emergency rooms.
X			3. The form accompanies the patient across care settings
X			4. CPR / DNR section
X			5. Levels of interventions for #3
X			6. Levels of interventions for #4
X			7. Feeding Tube
X			8. Antibiotics
X			9. Basis for orders
X			10. Person completing form
X			11. Physician / NP / PA signature
X			12. Physician / NP / PA name & office number
X			13. Patient / Legal agent signature
X			14. Designation of legal agent name and number
X			15. Space for review
	X		16. Statement about leeway (<i>is the patient's surrogate provided authority to interpret the goals and preference at the time decisions are made?</i>)

EXTENT OF USE:

Start year: 2007

Settings of skills: Plan is to use this form in the hospital, Clinic, LTC, ALF, and home

Range of use: Is being used for all hospice patients and beginning use with advance care planning across the Allina system.

Use by those under 18yrs: Undetermined

Distributed per month: Unknown

Distributed per year: Unknown

HISTORY:

Began using the POLST form in 2008 for 50 patients. In 2009, we completed over 100. The goal for 2010 is to have all hospice patients sign POLST forms (approx. 1400) and for 9,000 Advance Care planning sessions, in the Respecting Choice model, in the Allina system. Have partnered with the MN Medical Association to agree on a consistent form with hopes of having the form become a standard across MN in the next 1-2 years.

BARRIERS OVERCOME:

Now have a place in the electronic record for all ACP's and POLSTs to be readily available and visible.

STATE LAW AND REGULATIONS:

Under investigation. Undetermined at this time.

POLST IN THE HEALTH CARE SETTING:

Policies (hospitals, nursing homes, EMS, etc.):

Under investigation.

Management:

Allina Home and Community Services.

Training for health care professionals:

Training program developed for all Allina Home and Community staff. All new employees in the system are now receiving ACP and POLST overview training. Facilities served have received some education with more to come. Teams of ACP facilitators are being trained.

Training for the public and patients:

Numerous ways POLST is being presented in the community.

CQI projects and research:

undetermined