

## CALENDAR OF EVENTS: 2007

### JANUARY:

National Association  
of EMS Physicians  
(NAEMSP) POLST  
Paradigm  
Pre-course:

January 10, 2007  
Naples, Florida  
[www.naemsp.org](http://www.naemsp.org)

### MAY:

American Geriatrics  
Society (AGS)  
POLST Paradigm  
Symposium:  
May 3, 2007  
Seattle, Washington  
[www.americangeriatrics.org](http://www.americangeriatrics.org)

### NOVEMBER:

National Hospice &  
Palliative Care  
Organization  
(NHPCO) POLST  
Paradigm Daylong  
Pre-course:  
November 28, 2007  
New Orleans,  
Louisiana  
[www.nhpc.org](http://www.nhpc.org)

## SHARE YOUR NEWS & EVENTS

Send us your News &  
Events to be included  
in the National POLST  
Paradigm newsletter.  
Please include dates  
and recent contact  
information.

E-mail:  
[polst@ohsu.edu](mailto:polst@ohsu.edu)

*The National*

December, 2006

# POLST

Issue: 1  
Quarter: 4

## Paradigm

### For Which Patients Should POLST be Used?

The POLST form is most appropriate for seriously ill persons with life-limiting, also called terminal, illnesses. Unless it is the patient's preference, use of the POLST form to limit treatment is not appropriate for persons with stable medical or functionally disabling problems who have many years of life expectancy. In the absence of a POLST form or other state-specific do-not-resuscitate orders, patients will receive advanced cardiac life support, including CPR, endotracheal intubation, and defibrillation, by emergency medical personnel based on standard protocols. *To learn more about the POLST Paradigm form, please go to:* <http://www.ohsu.edu/polst/patients.shtml>

### Task Force Recommends Patient Signature



The National POLST Paradigm Initiative Task Force strongly recommends that all POLST Paradigm Programs require the signature of either the patient or the patient's legal representative to make the form valid, as allowed by statute and regulations. *For more information, please go to:* <http://www.ohsu.edu/polst/professionals.shtml>

### POLST & the Injured Patient in Oregon

The Oregon POLST Task Force asked questions as to how persons who have a POLST form designating comfort care, or limitation of some medical interventions, should be treated within the context of an acute injury. Questions were addressed through "POLST, Comfort, & the Injured Patient in Oregon," a guide for health care professionals. Accompanying the guide are three scenarios illustrating the use of POLST with traumatic injuries in community based and long-term care settings. *For more information, see State Specific Resources at:* <http://www.ohsu.edu/polst/state/or.shtml>

*To receive a copy of the Oregon guide, please contact:* [polst@ohsu.edu](mailto:polst@ohsu.edu).



### Video Release: "Honoring the Wishes of the Spanish Speaking Patient & Family"

November marked an exciting month with the completion of "Honoring the Wishes of the Spanish Speaking Patient & Family," the newest POLST video for those whose first language is Spanish. Available in both English and Spanish, the video helps educate health care professionals, patients, and families about the use of the POLST Paradigm form. The English version is now available for viewing at <http://www.ohsu.edu/polst/patients.shtml>, and will be soon be followed by the Spanish version. Both versions are expected to be available on a single DVD by early 2007.

## THE NATIONAL POLST PARADIGM INITIATIVE TASK FORCE

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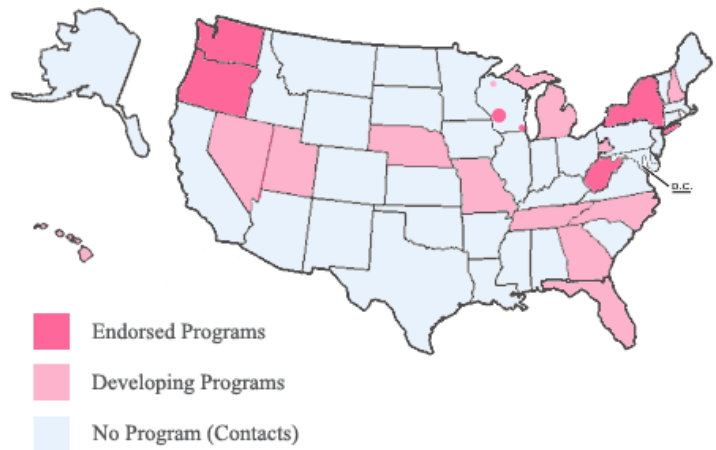
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### POLST INFORMATION:

For more information  
on the National  
POLST Paradigm or  
developing a POLST  
Paradigm Program  
in your state, please  
go to: [www.polst.org](http://www.polst.org)

## The POLST Paradigm in Your State

We'd like to know  
what is happening with  
the POLST Paradigm in  
your state or region.  
Please send updates,  
including recent contact  
information, and POLST  
Paradigm developments  
to: [polst@ohsu.edu](mailto:polst@ohsu.edu).



## Recent Articles:

▶ *Journal of the National Comprehensive Cancer Network*  
“Integrating POLST Into Palliative Care Guidelines: A Paradigm Shift in  
Advance Care Planning in Oncology”  
Authors: Bomba, P.A., Vermilyea, D.  
2006; 4:8, 819 – 829  
[www.nccn.org](http://www.nccn.org)

▶ *Health Law Journal*  
“Medical Orders for Life-Sustaining Treatment (MOLST): A Paradigm Shift in  
Advance Care Planning”  
Author: Bomba, P.A.  
2006; 11:3, 39 – 51  
[www.nysba.org](http://www.nysba.org)

▶ *Annals of Internal Medicine*  
“Withholding Resuscitation: A New Approach to Prehospital End-of-Life  
Decisions”  
Authors: Stuart Farber, MD; Jim Shaw, MD; Jeff Mero; W. Hugh Maloney, MD  
2006, Nov; 145:10, 788  
<http://www.annals.org/cgi/content/full/145/10/788?eaf>

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