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## Developmental Milestones

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### at 3 months

- smile
- lift head and chest when on stomach
- coo (vowels)
- make fists with both hands
- react to sudden sounds or voices
- move both eyes in the same direction together



### at 6 months

- babble
- recognize familiar faces
- reach for objects and pick them up
- turn toward the source of normal sound
- help hold the bottle during feeding
- follow moving objects with their eyes

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### at 12 months

- sit without support
- crawl
- put objects in a container
- know 5 or 6 words
- pull to a standing position
- stack two blocks



## at 18 months

- follow simple directions (“Bring the ball”)
- walk without help
- feed themselves
- step off a low object and keep balance
- like to look at pictures
- make marks on paper with crayons
- play alone (independently)



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## at 24 months

- identify body parts by pointing
- imitate their parents
- build a tower of 4 blocks
- say names for toys
- show affection



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## at 36 months

- use 3-to-5-word sentences
- play with other children
- walk up steps (alternating feet)
- name at least one color correctly
- turn one page at a time
- put on their shoes

