

***IMPORTANT INFORMATION FOR YOUR  
VISIT TO THE AUTISM PROGRAM  
!!!!!! PLEASE READ CAREFULLY!!!!!!***

The staff of the Autism Program at CDRC is dedicated to providing the best possible service for you and your child. The following information will help us to do our best and lessen the amount of stress to you and your child when you are here.

- During your evaluation you will see many different people. Sometimes people will work together with you and sometimes alone. The people doing the evaluation will be specialists in one or more areas important in understanding autism. Please let us know ahead of time if your child has difficulty in unfamiliar situations or meeting new people.
- Please bring at least two caregivers to the evaluation for your child. We have a great deal of information we would like to cover, and at times one person will be talking to you while another is working with your child. It's also best if you can talk freely when we discuss our recommendations with you while someone else watches your child.
- Your appointment is on the 7<sup>th</sup> floor of Doernbecher Children's Hospital. The building looks like a hospital and you may meet doctors and nurses in the hallways wearing white coats. The clinicians doing your evaluation will not wear white coats. Also, you must take an elevator from the parking garage to your appointment. If your child does not do well in medical offices or elevators, try one of the following:
  - a. Talk to your child before the visit about what s/he will see and do.
  - b. Make a "trial run" to the hospital a few days before the visit.
  - c. Offer your child a reward if s/he comes to the appointment without making a big fuss.
  - d. Bring one of your child's favorite toys or comfort objects.
- The evaluation lasts from 5-6 hours for children 0-5 years old, and between 7-8 hours for older children. You will have short breaks in between appointments and a longer break for lunch. Your favorite books and toys will help you pass the time. Also, please bring snacks for your child, especially if s/he is on a special diet. We do not have gluten or casein free foods available. There is food available for you to buy in the cafeteria, or you can bring your own lunch.
- Please leave brothers and sisters at home with family members or a babysitter. We cannot offer childcare for siblings. If you do not have any resources for childcare, please notify us.

(Please turn over for more information)

- Finally, if you or your child has special needs, please notify us promptly. We will make every effort to accommodate those needs. Our clinic social worker, Jan Goldman, will contact you the week prior to your scheduled appointment to gather background information from you. Please discuss with her any needs or concerns that you have so the team can prepare for your visit.

**IF YOU HAVE ANY OTHER QUESTIONS ABOUT YOUR APPOINTMENT  
PLEASE CALL CHERI HOUSEL OR LOUANN REBERRY  
AT (503) 494-8312 BETWEEN 8:30 AM AND 5:00 PM  
MONDAY – FRIDAY**

**THANKS FOR YOUR ASSISTANCE, AND FOR RETURNING  
YOUR HISTORY FORM TO US.  
WE LOOK FORWARD TO MEETING YOU.**