

# Access Barriers Checklist: Advocates

## Transportation

- Public transportation is unavailable or inconvenient to coordinate
- Public transportation is inaccessible
- Transportation is costly

## Availability and Access of Service/System

- I have difficulty accessing care because I live in a rural areas or doctor's office is too far away

## Insurance

- I don't have insurance coverage
- My insurance coverage does not cover the primary care services that are needed (e.g., screening tests)
- Facilities for primary care services are not accessible enough
- Insurance coverage does not cover health promotion services
- Insurance coverage does not cover the medications or co-pays are too high
- Insurance does not cover care coordination services
- My co-payment makes primary care services too expensive
- I'm waiting for approval by the plan before being able to get care
- There are complex coding systems for provider reimbursement
- I have trouble in getting reimbursements for atypical treatments (e.g., pool therapy)
- Medicaid is unwilling to reimburse for the array of services required for PWD  
(e.g. assistive devices, prescription drugs, disposable services, and personal assistance)
- Medicaid is unwilling to reimburse for preventive care

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## Access and Accommodation within facilities

- Facilities for health promotion are not accessible enough
- The primary health care provider's hours are not convenient
- The wait in the health care office is too long
- The paperwork to fill out is too great
- I could not get an appointment

## Social/Family/Caregiver support

- I have inadequate support
- My caregivers suffer burnout
- I have difficulty getting personal assistance
- I am isolated socially

## Individual level

- I lack knowledge about health and need for health care (e.g., don't understand need for tests, procedures)
- I don't understand the health care system or find it too hard to work through (e.g., managed care; billing system)
- I find it too hard to seek primary care or follow-up with primary care
- Fear or anxiety keeps me from accessing primary care
- Frustration or anger keeps me from accessing primary care
- Distrust of the medical system keeps me from accessing primary care
- Lack of confidence/assertiveness/embarrassment keeps me from accessing primary care
- Concern about the cost of care keeps me from accessing primary care
- Fatigue or pain keeps me from accessing primary care
- I have inadequate experience with following up on care

## Access Barriers Checklist: Advocates

(e.g., going to pharmacy, taking prescribed drugs at the correct time, making a follow-up appointment)

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I frequently miss appointments due to memory problems

Common health conditions may require more care for persons with disabilities

I have difficulty following medical instructions

Disability makes positioning for tests, screenings and exams difficult or impossible

I have difficulty communicating with provider/staff

I lack of family/caregiver support

Medical system (referrals, care coordination) too confusing and cumbersome

ID/DD patients unlikely to possess social skills necessary for waiting room

Environmental problems make travel difficult

I'm not interested in accessing primary care services

Because of multiple health problems, it's hard to prioritize primary care and preventive services

(e.g., getting a mammogram; flu shots)

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