

γ -secretases: from cell biology to therapeutic strategies

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Presenilins form the catalytic part of the γ -secretases, protein complexes that are responsible for the intramembranous cleavage of transmembrane proteins. The presenilins are involved in several biological functions, but are best known for their role in the generation of the β -amyloid ($A\beta$) peptide in Alzheimer's disease and are therefore thought to be important drug targets for this disorder. Mutations in the presenilin genes cause early-onset familial Alzheimer's disease, but mutation carriers have substantial phenotypic heterogeneity. Recent evidence implicating presenilin mutations in non-Alzheimer's dementias, including frontotemporal dementia and Lewy body dementia, warrants further investigation. An increased understanding of the diversity of the molecular cell biology of the γ -secretase complex and the effects of clinical mutations in the presenilin genes might help pave the way for improved development of drugs that are designed to target γ -secretase enzymatic activity in Alzheimer's disease and potentially in other neurological diseases.

Introduction

Presenilins first caught the attention of the scientific world with the identification of pathogenic mutations in the encoding gene *PSEN1* in several families with early-onset Alzheimer's disease.¹ Soon after, mutations in a similar gene, *PSEN2* (presenilin 2), were found.²⁻⁴ More than 170 mutations have since been identified in *PSEN1*, whereas mutations in *PSEN2* are much rarer.⁵ Presenilin mutations are responsible for an important fraction of autosomal inherited Alzheimer's disease, although estimates vary from 9%⁶ to 62%.⁷⁻⁹ On the basis of the latter percentage, presenilin mutations combined with mutations in the *APP* (amyloid precursor protein) gene could account for up to 82% of mutations^{8,9} that cause early-onset genetic Alzheimer's disease. Since 1995, no new genes have been identified and it therefore seems reasonable to suggest that all major monogenic loci have been found and that other families with inherited early-onset Alzheimer's disease most probably have a more complex, oligogenetic aetiology.¹⁰ However, as only about 2% of patients with Alzheimer's disease have early onset,¹¹ the total contribution of *APP* and the presenilin genes to the risk of Alzheimer's disease in the general population remains low.¹² Despite years of association studies and meta-analyses, until very recently the only firmly established risk factor for sporadic Alzheimer's disease was variants in *APOE* (the gene that encodes apolipoprotein E), with two copies of the *APOE* $\epsilon 4$ allele leading to an eightfold increase in the risk for Alzheimer's disease.¹³⁻¹⁵ However, three more genes that confer risk for sporadic Alzheimer's disease have recently been uncovered in genome-wide association studies—*CRI* (complement component receptor 1), *CLU* (clusterin), and *PICALM* (phosphatidylinositol binding clathrin assembly protein)—which all might directly or indirectly affect the β -amyloid ($A\beta$) pathway.^{16,17}

The importance of the identification of the presenilin mutations for research into Alzheimer's disease should, however, not be underestimated. Their discovery has enhanced understanding of a crucial enzymatic process in the generation of the $A\beta$ peptide,¹⁸ which is thought to be a key factor in the pathogenesis of the disease.¹⁹ Moreover, together with the other proteases involved in APP processing, the presenilins have become one of the few

advanced drug targets in Alzheimer's disease. In this Review, we update our current knowledge about presenilins in Alzheimer's disease and critically evaluate evidence that implicates presenilins in other neurodegenerative diseases. We also discuss the potential of presenilins and γ -secretases as drug targets for the treatment of Alzheimer's disease.

Basic cell biology of presenilin

The two presenilins are highly homologous (about 80%) nine-transmembrane domain proteins (figure 1). Presenilins provide the catalytic core to the multimeric γ -secretase enzymatic complexes,^{22,23} which also contain nicastrin, presenilin enhancer 2 (Pen-2), and anterior pharynx defective 1 (Aph1).²⁰ γ -secretases cleave various type I transmembrane proteins, including the adhesion molecules N-cadherin and E-cadherin,^{24,25} the neurotrophin receptor p75,²⁶ the regulatory $\beta 2$ subunit of voltage-gated sodium channels,²⁷ the axon guidance molecule DCC,²⁸ and neuregulin²⁹ (for a review see elsewhere³⁰). Neuregulin has an important role in myelin formation,³¹ and single nucleotide polymorphisms in the gene have been associated with an increased risk of neurodevelopmental disorders.³²⁻³⁴ A deficiency in a γ -secretase subtype (see below) in mice causes disturbed neuregulin processing in the brain, possibly causing prepulse inhibition, increased dopaminergic tonus, and behavioural symptoms relevant to neurodevelopmental disorders such as schizophrenia.²⁹ The two substrates with the most far-reaching pathophysiological consequences are, however, APP and the Notch receptor, which we discuss in more detail below.

APP processing

$A\beta$ peptides are generated through the processing of APP by β -secretase and γ -secretase in a stepwise fashion (figure 1). After the β -secretase enzyme cleaves the APP extracellular domain, γ -secretase cleaves the remaining segment to release the $A\beta$ peptide.^{22,23,35} These $A\beta$ peptides can aggregate into small neurotoxic oligomeric structures and eventually form the typical senile plaques seen in Alzheimer's disease. γ -secretase cleaves APP at different positions, possibly in a consecutive way, resulting in the release of several $A\beta$ peptides that contain between 37 and

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For more on *PSEN2* see <http://www.ncbi.nlm.nih.gov/entrez/dispmim.cgi?id=600759>

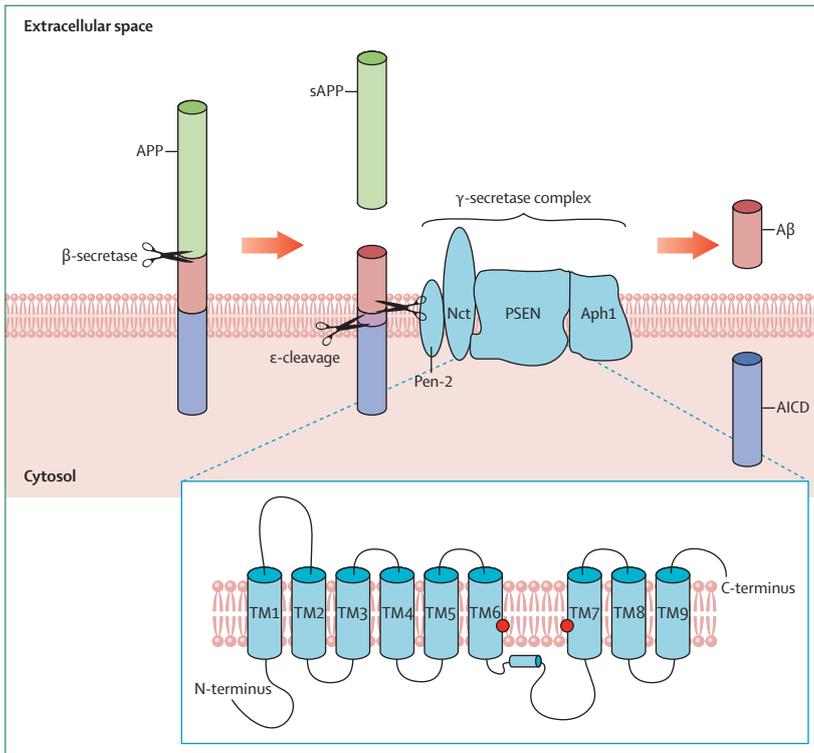


Figure 1: Presenilins, the γ -secretase complex, and APP processing

After release of sAPP by β -secretase, the remaining APP segment is further cleaved by γ -secretase. First, ϵ -cleavage by γ -secretase releases the AICD. Second, γ -secretase cleavage releases the $A\beta$ peptide, of which there can be longer and shorter forms (eg, $A\beta_{40}$ and $A\beta_{42}$), depending on the exact cleavage site by γ -secretase. The γ -secretase enzyme consists of four components: PSEN, Aph1, Nct, and Pen-2.²⁰ The magnified area shows the nine TM domains of PSEN.²¹ The two red circles indicate the catalytic aspartates. $A\beta$ = β -amyloid. AICD=APP intracellular domain. Aph1=anterior pharynx defective. APP=amyloid precursor protein. Nct=nicastatin. Pen-2=presenilin 2 enhancer. PSEN=presenilin. sAPP=soluble APP. TM=transmembrane.

49 amino-acid residues ($A\beta_{37}$ to $A\beta_{49}$). $A\beta_{40}$ is the most abundant product cleaved and is found in the CSF and the plasma. $A\beta_{42}$ is less common, occurring in about a tenth of the amounts of $A\beta_{40}$, but is considered to be pathogenic. This peptide aggregates faster than $A\beta_{40}$ and is apparently also more toxic in cell culture assays.^{36–38} The presenilin mutations generally increase the relative amounts of $A\beta_{42}$ to $A\beta_{40}$, and this ratio is widely regarded as an important indicator of pathogenic mutations.³⁹ The extent to which other long $A\beta$ peptides ($A\beta_{43}$ to $A\beta_{49}$) are secreted or degraded intracellularly and whether they also have pathological importance remain unclear. Shorter peptides ($A\beta_{38}$ and shorter) might be less problematic because they are more soluble, but this remains unproven. Novel drugs that are under investigation target γ -secretases with the aim of modulating, rather than inhibiting, their activity, so that more of the shorter $A\beta$ peptides are generated (see below).

Notch processing

After binding of its ligands, such as delta and serrate, Notch is first cleaved by a metalloproteinase, ADAM10 (a disintegrin and metalloproteinase,^{40–42} but see elsewhere

for a contrasting view⁴³), in its extracellular domain, which triggers cleavage by γ -secretase in the transmembrane domain.^{18,44} The Notch intracellular domain is then released and translocates to the nucleus to regulate the transcription of a set of target genes involved in development and differentiation. This makes Notch important for the differentiation of many cell types, not only during embryonic development, but also in adult life.^{45–47} Interference with the Notch pathway therefore leads to many disturbances in embryogenesis, including disrupted somitogenesis and blood vessel formation.^{45,47} The Notch pathway also regulates several oncogenes and oncogenic signalling pathways such as those that involve Myc and Akt.⁴⁸ These pathways are of relevance for cancer, which, as we briefly discuss, is why γ -secretase inhibitors are also considered for the treatment of some human cancers. Both genetic and pharmacological experiments in mouse, fish, and fly models indicate, however, that a major concern for γ -secretase inhibitors is the side-effects that result from interference with Notch cleavage and signalling.^{49,50} In the context of Alzheimer's disease, the inhibition of Notch signalling by γ -secretase inhibitors has to be considered as an intrinsic, mechanism-based cause of serious side-effects, including gastrointestinal bleedings, immune disturbances, and hair loss.^{18,51–54}

Presenilins and intracellular calcium

Recent studies have indicated that the function of presenilins extends beyond their role in γ -secretase cleavage. These proteins constitute calcium leak channels in the endoplasmic reticulum when not incorporated into the γ -secretase complexes.⁵⁵ Mutations seen in Alzheimer's disease disturb this leak function and possibly also affect the regulation of ryanodine receptors and inositol 1,4,5-trisphosphate receptors,^{56–60} leading to increased accumulation of calcium ions (Ca^{2+}) in the endoplasmic reticulum.⁶¹ A conditional knockout model of the presenilins in the hippocampus showed disturbances in neurons in the CA3 region, but this finding was explained by an effect on ryanodine receptor-mediated release of Ca^{2+} from the endoplasmic reticulum, which modulated glutamatergic neurotransmitter release and disturbed long-term potentiation via a presynaptic mechanism.⁶² A conditional knockout mouse model of both presenilins in the forebrain showed marked neurodegeneration with increasing age.⁶³ It is unclear whether the neurodegeneration in this model is linked to the early presynaptic deficits and whether impaired γ -secretase (proteolytic) function or disturbed Ca^{2+} homeostasis underlie this pathology. Therefore, the extent to which these calcium effects are relevant to the pathogenesis of Alzheimer's disease in human beings remains to be determined.

Loss-of-function or gain-of-function of presenilin in Alzheimer's disease

The question of whether the presenilin clinical mutations confer gain-of-function or loss-of-function effects has

been much debated in recent years.^{64,65} It is becoming increasingly clear that, from a genetic point of view, mutations act in a “dominant” fashion, whereas from a biochemical view, most have loss-of-function effects, both in enzymatic assays⁶⁶ or when measuring Ca²⁺ leakage channel activity.⁶¹ Many clinical mutations clearly have loss-of-function effects on some substrates such as syndecan, N-cadherin,⁶⁶ and Notch.^{66–68} The effects on APP processing are, however, more varied. Most mutations tested lead to a decrease in total A β production (biochemical loss-of-function), whereas a few mutations give rise to an increase in A β ₄₂.^{66,69} The net result is that, even if the total amount of A β peptides decreases, there is an increase in the A β ₄₂:A β ₄₀ ratio, which might affect the formation of toxic A β oligomers.

An important conclusion, therefore, is that the absolute amount of A β peptides generated seems to be less crucial than the particular type of A β peptide, at least in familial Alzheimer’s disease linked to presenilin mutations. The recent insight that amyloid plaques or single A β peptides are not extremely toxic,⁷⁰ but that an ill-defined oligomeric state of A β peptides affects synapses and neurons, might provide an explanation for this apparent paradox.^{71,72} Although not proven, the ratio of longer or more hydrophobic A β peptides (A β ₄₂, but also longer or truncated species) to A β ₄₀ and possibly other shorter species might determine a complex equilibrium between monomers, oligomers, and fibrils. If true, the quality rather than the quantity of the A β peptides could drive oligomer conformation and disease. The situation is not straightforward, because increasing the amount of A β peptides without a change in ratio can also cause Alzheimer’s disease, as seen with the APP mutation in a Swedish family.⁷³ The question is thus whether we need a quantitative or a qualitative decrease in A β to prevent or treat Alzheimer’s disease. Both approaches—blocking and modulating γ -secretase activity—are currently being considered, as discussed below. In this regard, the finding that a global decrease in total A β (rather than a specific reduction in A β ₄₂) diminishes amyloid plaque load and memory deficits in a mouse model^{74–76} suggests that a total A β decrease might still be a valuable therapeutic option. However, the available transgenic Alzheimer’s disease mouse models come with their own limitations: the pathology in these models is generally driven by high A β production, which is not necessarily the situation for all cases of human Alzheimer’s disease.

The heterogeneity of the clinical phenotype caused by presenilin mutations

Mutations in the presenilin genes cause autosomal dominant early-onset Alzheimer’s disease but in recent years the presenilins have also been implicated in other clinical disorders such as spastic paraparesis, frontotemporal dementia, and Lewy body dementia. Although the link to Alzheimer’s disease is undisputable, mutation carriers have a high phenotypic heterogeneity,

most notably in the age at onset. This feature remains insufficiently investigated and could provide clues to a better understanding of genetic and environmental modulators of the disease.

Age at onset

The first symptoms associated with Alzheimer’s disease in patients with *PSEN1* mutations are generally observed in the fifth decade of life, although can be seen in the third decade in some families.⁷⁷ Alzheimer’s disease related to *PSEN2* mutations has a later and more variable age of onset, between the ages of 45 and 88 years (on average in the sixth decade); patients with Alzheimer’s disease related to these mutations live longer and have a longer disease duration than do patients with *PSEN1* mutations.^{77,78} The reason why *PSEN2* mutations manifest at an older age than do *PSEN1* mutations is unclear, and further work on the differential tissue distribution or the reported differences^{79,80} in molecular properties of *PSEN2* or γ -secretase might yield an explanation.

In contrast to sporadic Alzheimer’s disease, no major modifiers of age at onset have been identified in patients with early-onset familial disease.^{81,82} The only modifier suggested in families with early-onset disease is the HLA-2 genotype, but the precise mechanism is unclear.^{83,84}

Spastic paraparesis

After the original suggestion of an association between early-onset Alzheimer’s disease and spastic paraparesis⁸⁵ and the confirmation in a large Finnish family,^{86,87} more *PSEN1* mutations have been linked to this variant form of Alzheimer’s disease in some individuals (these mutations are reviewed in the table). Autopsy reports of this variant of Alzheimer’s disease note corticospinal tract degeneration at the level of the medulla and the spinal cord.^{91,114} Hypometabolism on fluorodeoxyglucose-PET in the motor cortex, a sign of malfunction, has also been reported.⁹⁴ There is widespread presence of “cotton wool” plaques in the hippocampus and the primary and association cortices in these patients.¹¹⁴ These plaques do not have the congophilic staining typical of the “canonical” Alzheimer’s disease plaques, and they also have very few dystrophic neurites, but they retain immunoreactivity for the A β peptide (figure 2). It is unclear whether these cotton wool plaques have a particular effect on the neurons. The canonical-cored plaques with tau-positive dystrophic neurites also occur in these patients.

Spastic paraparesis occurs in only a few of the family members studied, while other family members present with a typical picture of Alzheimer’s disease dementia. This indicates the occurrence of gene modifiers that increase the sensitivity of these particular patients to damage to neurological systems outside the cognitive system. In one study, mutations in known spastic paraplegia genes (spastin [*SPAST*], paraplegin [*SPG*], and atlastin [*ATL*], which cause more than 50% of cases of

	Domain	Exon	Population	Unusual clinical features	Unusual pathology	Functional implications/ effect on A β
Dell83/Met84 ^{88,89}	TM1	4	Scotland	None	CWP, AA	\uparrow A β_{42} in cell lines
Leu85Pro ⁹⁰	TM1	4	Japan	In combination with visual variant of Alzheimer's disease	No autopsy data available	\uparrow A β_{42} in cell lines
Asn135Ser ⁹¹	TM2	5	Greece	Seizures	Corticospinal tract degeneration	Not tested
Met139Val ⁹²	TM2	5	USA, UK, Germany	Seizures, myoclonus, cerebellar ataxia	Pathology in basal ganglia and cerebellum	Not tested
Tyr154Asn ⁹³	TM2	5	Japan	None	No autopsy data available	Not tested
insPhe157I/158 ⁹⁴	Loop 2	5	USA	Apraxia, dystonia	CWP	Not tested
Leu166Pro ⁹⁵	TM3	6	Germany	Seizures, cerebellar ataxia, onset in adolescence	CWP including in the cerebellum	\uparrow A β_{42} in cell lines
Phe237Ile ⁹⁶	TM5	7	Japan	Seizures, myoclonus, dystonia	No autopsy data available	Not tested
Tyr256Ser ⁹⁷	TM6	7	Australia	Extrapyramidal signs, cerebellar ataxia	CWP	\uparrow A β_{42} in brain
Val261Leu ⁹⁸	TM6	8	Spain	None	No autopsy data available	Not tested
Val261Phe ⁹⁹	TM6	8	USA	None	No autopsy data available	Not tested
Pro264Leu ¹⁰⁰	Loop 6	8	France	Seizures and myoclonus, visuospatial impairment	No autopsy data available	Not tested
Gly266Ser ¹⁰¹	Loop 6	8	Japan	Apraxia	No autopsy data available	Not tested
Arg278Lys ¹⁰²	Loop 6	8	Italy	1 of 3 patients in this kindred had spastic paraparesis without dementia	No autopsy data available	\uparrow A β_{42} :A β_{40} ratio in cell lines
Arg278Ser ¹⁰³	Loop 6	8	UK	Visuospatial impairment	No autopsy data available	Not tested
Arg278Thr ⁸⁶	Loop 6	8	Australia	None	No autopsy data available	Not tested
Glu280Gly ¹⁰⁴	Loop 6	8	Ireland	Deep white matter abnormalities on MRI	CWP, AA	Not tested
Glu280Gln ¹⁰⁵	Loop 6	8	Canada	None	CWP, Lewy bodies, corticospinal tract degeneration	Not tested
Pro284Leu ¹⁰⁶	Loop 6	8	Japan	Extrapyramidal signs	CWP	Not tested
Pro284Ser ¹⁰⁷	Loop 6	8	Italy	Frontal and temporal white matter abnormalities on MRI	No autopsy data available	Not tested
G to T splice acceptor site substitution ⁸⁶	Loop 6	9	Japan	None	No autopsy data available	Functional del290-319
G to A splice acceptor site substitution ¹⁰⁸	Loop 6	9	Australia	None	CWP, AA	Functional del290-319
DelExon9 ^{87,88}	Loop 6	9	Finland	None	CWP	\uparrow A β_{42} in cell lines and in brain
DelExon9 ¹⁰⁹	Loop 6	9	Australia	None	CWP	Not tested
Leu381Val ¹¹⁰	TM7	11	Bulgaria	Extrapyramidal signs	No autopsy data available	Not tested
Asn405Ser ¹¹¹	Loop 7	11	Japan	None	Some AA	Not tested
Pro436Gln ⁸⁸	TM9	12	UK	None	CWP	\uparrow A β_{42} in cell lines
DelThr440 ¹¹²	TM9	12	Japan	Extrapyramidal signs	CWP, AA, Lewy bodies, corticospinal tract degeneration	Not tested

For a comprehensive list of studies of clinical heterogeneity associated with *PSEN1* mutations in Alzheimer's disease, see elsewhere.¹¹³ AA=amyloid angiopathy. A β = β -amyloid. CWP=cotton-wool plaques. *PSEN1*=presenilin 1 gene. TM=transmembrane domain.

Table: Overview of *PSEN1* mutations associated with early-onset Alzheimer's disease and spastic paraparesis

hereditary spastic paraplegia) and other Alzheimer's disease genes were excluded as gene modifiers of the disease phenotype, indicating that further work is needed to explain this particular variant of Alzheimer's disease.¹⁰⁵

Apart from their effect on A β generation, there are several hypotheses to explain why presenilin mutations could interfere with neuronal function. Their involvement in Ca²⁺ homeostasis at several levels and their effects on synaptic transmission might have a role. Data from a recent study suggest that presenilin could

be involved in motor neuron fast axonal trafficking. In mice that expressed a mutant form of presenilin with exon 9 deleted, functional motor deficits were observed.^{115,116} However, the precise molecular mechanism by which presenilin mutations might sometimes cause additional motor neuron degeneration requires further investigation.

Other neurodegenerative diseases

Several case reports have suggested a link between presenilin mutations and Lewy body dementia,

frontotemporal dementia, and cerebral amyloid angiopathy, indicating that presenilin mutations could be implicated in an even broader clinical range of diseases than originally thought.

Three independent reports have been published linking particular mutations in *PSEN1* to frontotemporal dementia: Leu113Pro, insArg352, and Gly184Val.^{117–119} Patients with the Leu113Pro mutations¹¹⁸ had typical Alzheimer's disease neuropathology (with plaques and tangles), but had prominent involvement of the frontal cortex. Therefore, these patients seemed to have a frontal variant of Alzheimer's disease, rather than frontotemporal dementia (Campion D, personal communication). In the insArg352 case report,¹¹⁷ the mutation affected APP processing by decreasing A β production. On neuropathological examination of the proband, however, frontotemporal lobar degeneration with ubiquitin-positive inclusions was found, suggestive of a progranulin mutation. In a follow-up report, this patient was also found to have a progranulin mutation, which is probably the real cause of the observed pathology.¹²⁰ The relevance of the presenilin mutation or polymorphism remains unclear. Finally, the Gly184Val case had a Pick-type tauopathy without extracellular A β plaques.¹¹⁹ In the meantime, progranulin and MAPT (microtubule-associated protein tau; Tau) mutations in this family have been excluded,¹²¹ leaving the possibility that the Gly184Val mutation could be pathological; however, in the absence of further published pathological investigation, it remains unclear whether and to what extent the other four reported carriers in the family had a similar Pick's disease phenotype.¹¹⁹ Such work is essential to begin to establish a causal relationship.

Lewy bodies are also frequently observed in patients with both familial and sporadic Alzheimer's disease, but these are fewer and less widespread than seen in patients with typical Lewy body disease.¹²² One case report of a patient with a *PSEN2* mutation presenting with widespread Lewy bodies and a full clinical picture of Lewy body dementia has been published.¹²³ However, only one of the five patients in this family had this clinical presentation, whereas other family members presented with more typical symptoms of Alzheimer's disease.

In conclusion, the evidence linking presenilin mutations to other neurodegenerative diseases apart from Alzheimer's disease seems to be weak. The range of clinical symptoms caused by the different presenilin mutations is quite heterogeneous, and further work is needed to understand this. Given the complex cell biology and the various functions in which the γ -secretase complex is involved, the different mutations in presenilin, apart from their effect on A β processing,⁶⁶ might have a heterogeneous effect on other aspects of its biology. Such effects might also partly contribute to the clinical variability. Moreover, the two presenilin proteins can combine into different γ -secretase complexes. Whether these different complexes are

involved in different aspects of the pathology remains to be fully investigated. In the next section, we discuss how this heterogeneity might affect therapeutic options in Alzheimer's disease and beyond.

γ -secretases: therapeutic opportunities and challenges

As γ -secretase is the final protease involved in the production of A β peptides, it is, at least with regard to the amyloid hypothesis of Alzheimer's disease pathogenesis, a very attractive drug target. Given its central role in Notch cleavage, the protease is also increasingly considered as a drug target for cancer. Therefore, compounds that efficiently target γ -secretase could have a wide range of therapeutic uses. Here, we briefly discuss the therapeutic potential and challenges of γ -secretase inhibitors and γ -secretase modulators. Insights into the

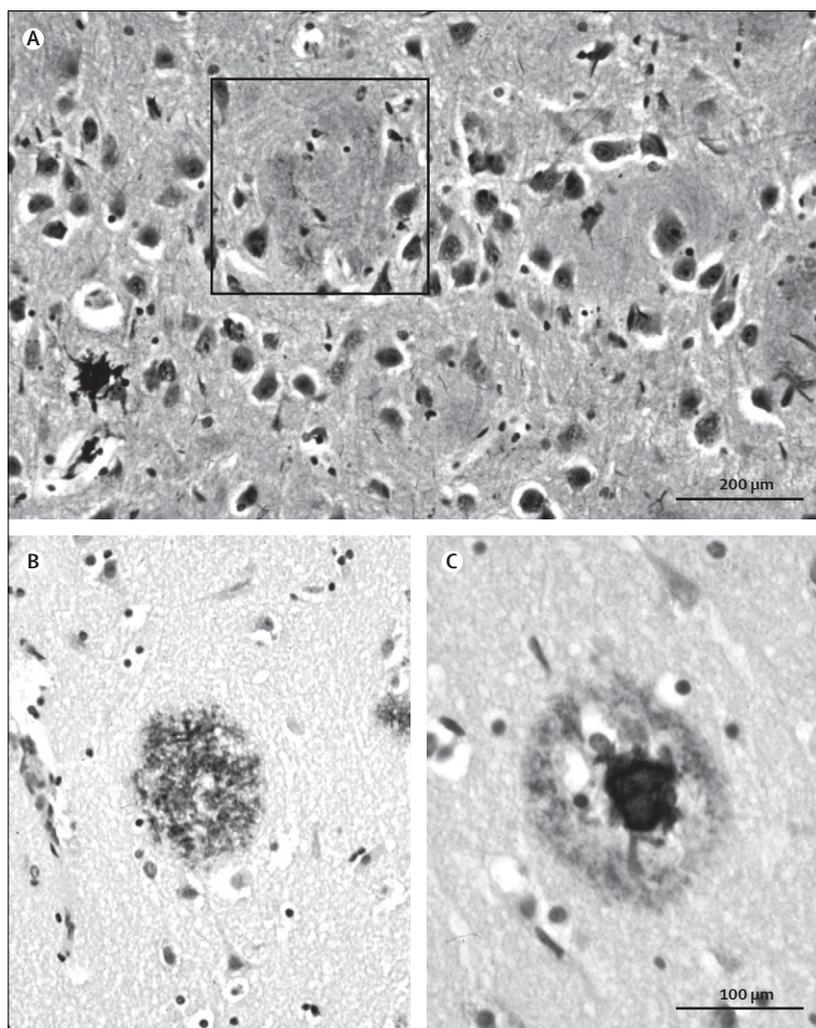


Figure 2: Plaque pathology in Alzheimer's disease

Cotton-wool plaques are typically seen in the brains of patients with Alzheimer's disease and spastic paraparesis. (A) Entorhinal cortex showing cotton wool plaques (modified Bielschowsky silver stain, 200 \times). (B) Cortex showing A β staining of a diffuse plaque (A β stain, 400 \times). (C) Cortex showing a classic plaque (A β stain, 400 \times). A β = β -amyloid. Reproduced from Brooks and colleagues,¹⁰⁸ with permission from Oxford University Press.

heterogeneity of the γ -secretase complex and the regulatory role of G-protein-coupled receptors might also provide opportunities for the development of novel therapies.

γ -secretase inhibitors

Several γ -secretase inhibitors have been developed and tested preclinically and clinically. The first results in animal models were promising, and brain A β concentrations were reduced in a mouse model of Alzheimer's disease.¹²⁴ The first reports raised hope for cancer as well; for example, γ -secretase inhibitors increased survival in mouse models of leukaemia.¹²⁵ These inhibitors also reduced osteosarcomas in vivo in mice¹²⁶ and had a synergistic effect with other chemotherapy approaches in human colon adenocarcinoma cell lines.¹²⁷ γ -secretase inhibitors also seemed to have beneficial effects in a model of focal ischaemic stroke,¹²⁸ probably via inhibition of Notch signalling. In an experimental model of multiple sclerosis, γ -secretase inhibitors have enhanced remyelination and reduced axonal damage.¹²⁹ In these models, the drugs could be given over a short time period, which reduces the likelihood of severe adverse events, as discussed below.

The results of the first clinical trials have raised important questions about the therapeutic potential and possible complications of γ -secretase inhibitors. For example, trials of γ -secretase inhibitors in patients with T-cell acute lymphoblastic leukaemia resulted in serious gastrointestinal side-effects,^{52,54,130,131} and their anti-leukaemic effects seemed very limited.^{52,132–134} LY450139 (semagacestat) is currently being studied for Alzheimer's disease in a phase 3 clinical trial.¹³⁵ In the phase 2 trial, this γ -secretase inhibitor decreased plasma A β_{40} concentrations by more than 50%.¹³⁶ However, this response was biphasic with an increase in A β concentrations after the initial reduction. Reductions in A β in the CSF were not significant.

So far, owing to their inhibition of Notch cleavage as well as their inhibition of APP cleavage, all the tested γ -secretase inhibitors have led to serious gastrointestinal side-effects in animals because of the transformation of proliferative intestinal crypt cells into postmitotic goblet cells.^{54,130,131} In mice, they also affected the maturation of B lymphocytes and T lymphocytes, causing immunosuppression.⁵³ By contrast, the side-effects of semagacestat reported in a phase 2 trial^{136–138} were relatively mild, possibly because γ -secretase was not completely inhibited. Three patients had to stop the trial because of gastrointestinal side-effects, but these adverse events did not seem to be caused by immediate Notch-related toxicity. At a high dosage, prolonged QT intervals were observed on electrocardiogram (ECG) scans. Other notable side-effects included skin rashes and changes to hair colour: on withdrawal of the drug, these were reversible.^{136–138} As the drug has to be carefully dosed to avoid Notch-related toxicity, the changes in A β concentrations in the phase 3 trial might not be sufficient

to provide information on the clinical correlates of chronically decreasing A β production in the brain.

To avoid Notch-related toxicity, inhibitors such as begacestat have recently been developed that apparently have a limited effect on Notch signalling pathways, while inhibiting APP cleavage.^{139,140} So far, BMS-708163 is the most advanced of these compounds in clinical trials.^{141,142}

An alternative way to avoid the gastrointestinal toxicity of γ -secretase inhibitors came from work in cancer research. Glucocorticoids are normally part of the therapeutic armamentarium against T-cell acute lymphoblastic leukaemia. However, some patients develop glucocorticoid resistance owing to Notch mutations.¹⁴³ In a recent study, a twofold benefit of combination therapy with a γ -secretase inhibitor and glucocorticoids was found. The secretase inhibitor reversed the glucocorticoid resistance; glucocorticoids also antagonised the effects of Notch inhibition on the intestinal epithelium and thus protected against gastrointestinal toxicity.¹⁴⁴ These results, done both in vitro on T-cell acute lymphoblastic leukaemia cells and in vivo in mice, open the door to new therapeutic trials of γ -secretase inhibitors in cancer.^{134,145} A better understanding of the mechanisms through which these inhibitors cause gastrointestinal toxicity might aid the development of other strategies to reverse this toxicity. However, treatment with glucocorticoids can have its own severe side-effects, particularly in the long term, and therefore this combination therapy is unlikely to be used in the chronic treatment of Alzheimer's disease.

γ -secretase modulators

Although γ -secretase inhibitors are directed towards the quantitative modulation of A β production, a fortuitous observation several years ago¹⁴⁶ suggested the possibility that γ -secretase activity could be modulated to obtain a qualitative effect on A β generation. Substantial progress has been made recently, although a real clinical breakthrough has not yet been achieved.

So far, two types of compounds have been identified as potentially clinically useful γ -secretase modulators: non-steroidal anti-inflammatory drugs (NSAIDs) and some kinase inhibitors.^{147,148} One of the NSAIDs, ibuprofen, reduced plaque load and brain inflammation in an Alzheimer's disease mouse model¹⁴⁹ and decreased the production of the aggregation-prone A β_{42} in vitro, favouring instead the production of the shorter A β peptide A β_{38} .¹⁴⁶ No substantial effect on Notch cleavage was observed. This finding in 2001 led to a large amount of research into the clinical effects of NSAIDs on Alzheimer's disease.¹⁵⁰ Several small clinical trials with NSAIDs in Alzheimer's disease resulted in inconsistent clinical benefits, and tolerability of sustained treatment was of concern because of well-known severe gastrointestinal side-effects owing to inhibition of the cyclo-oxygenase (COX1) enzyme.¹⁵¹ Another trial with a COX2-selective NSAID, rofecoxib, led to no significant clinical improvement.^{152,153}

To avoid the gastrointestinal side-effects of NSAIDs, a derivative molecule without COX-inhibitory activity, tarenflurbil (also known as *R*-flurbiprofen), was developed.¹⁵⁴ This drug belongs to a new class of molecules termed selective A β_{42} -lowering agents (SALA), because these compounds modulate γ -secretase activity to reduce the production of A β_{42} without affecting the production of A β_{40} or Notch cleavage.^{155,156} Results from photocrosslinking experiments have shown that these γ -secretase modulators bind in the N-terminal region of the transmembrane domain of APP to modulate its cleavage by γ -secretase.^{150,157} This finding can help explain how APP cleavage is specifically modulated without interfering with Notch cleavage. In mice, tarenflurbil reduced the brain concentrations of A β_{42} and prevented learning and memory deficits.¹⁵⁸

In the 24-month randomised, controlled phase 2 trial of patients with mild to moderate Alzheimer's disease, no benefit of treatment was seen on the rate of cognitive decline versus placebo.¹⁵⁹ However, patients with mild Alzheimer's disease who received tarenflurbil had a significantly lower rate of decline in activities of daily living and global function than did those who received placebo. Unfortunately, however, this compound did not show any clinical benefit in a recent phase 3 clinical trial.¹⁶⁰ As expected, no severe gastrointestinal side-effects were observed.¹⁵⁹ Penetration of the blood-brain barrier seems to be a major problem for this drug³⁶ and paucity of data prevents evaluation of whether effective lowering or modulation of A β production was ever attained in the trial. Therefore, as for γ -secretase inhibitors, one of the major hurdles is the need to design a targeted γ -secretase modulator that can reach therapeutic concentrations in the brain.

A tarenflurbil analogue, CHF5074, was recently shown to reduce amyloid plaque load and attenuate the spatial memory deficit in transgenic mouse models of Alzheimer's disease, indicating that the use of NSAID analogues should still be considered as a potential therapeutic strategy for Alzheimer's disease.^{161,162}

γ -secretase heterogeneity

As described above, the γ -secretase enzyme is assembled from four components. However, two different genes exist for two of these proteins: *PSEN1* and *PSEN2*, and *Aph1A* and *Aph1B*.²⁰ The complexity is further increased by alternative splicing of the different mRNAs encoded by these genes. At least four different combinations are therefore possible in human beings, and even more if the alternatively spliced variants are taken into account.^{163–166} The Aph1A-containing complex is essential for Notch processing during embryogenesis.^{167,168} Aph1B is expressed in mouse and human brain, but Aph1B-knockout mice mainly develop as normal. By contrast, knockout of Aph1B in a mouse model of Alzheimer's disease unexpectedly rescued several phenotypes associated with Alzheimer's disease.⁷⁴ These

Aph1B-knockout mice had decreased A β production, a much-reduced plaque load, and normal memory function. These events occurred without significant Notch-related side-effects, as neither intestinal metaplasia nor involution of spleen and thymus were observed, and T-lymphocyte ratios and pancreas histopathology were normal.

Both Aph1A and Aph1B γ -secretase complexes are equally competent in cleaving synthetic APP and Notch substrates. Although the Aph1B-containing complexes produced more longer A β peptides (A β_{42} and longer) in cell-free assays, the total ratio of A β_{42} :A β_{40} in brain extracts from transgenic and wild-type mice was not significantly changed.⁷⁴ The longer A β peptides might therefore be degraded in the cell before secretion. The total amount of A β peptides in Aph1B-knockout mouse and human brain material from which Aph1B complexes were removed was, however, decreased, emphasising the crucial contribution of Aph1B to the total γ -secretase activity in the brain.

This γ -secretase heterogeneity provides new possibilities for targeted therapies. As Aph1B is strongly expressed in the brain, and apparently does not have a substantial role in Notch signalling in peripheral tissues, it is theoretically attractive to try to specifically target the Aph1B complex. If such a drug could be developed, this inhibitor could be given to patients, or even as a preventive therapy for Alzheimer's disease, without concerns about potential Notch-related side-effects. Whether PSEN2-containing complexes provide similar opportunities for less toxic drug development remains to be investigated. PS2-knockout animals have similar phenotypes to wild-type animals, with only minimum apoptotic changes in the lung.¹⁶⁹ Furthermore, there is evidence that compounds can target PSEN1-containing or PSEN2-containing complexes specifically in vitro.⁸⁰ However, to date there have been no published reports to suggest that selectively blocking PSEN2 function in an Alzheimer's disease mouse model improves Alzheimer-related symptoms.

Regulation of γ -secretase by G-protein-coupled receptors

Research on the physiological control mechanisms of γ -secretase activity might yield novel drug targets. This type of work is in its early stages, but two independent reports indicate that γ -secretase subcellular localisation and proteolytic activity might be regulated by G-protein-coupled receptors, in particular the β_2 -adrenergic receptor¹⁷⁰ and G-protein-coupled receptor 3 (GPR3).¹⁷¹ GPR3 is an orphan receptor, but is expressed in the hippocampus and cortex. This receptor seems to promote assembly of the γ -secretase complex, resulting in increased trafficking of the γ -secretase components and mature γ -secretase complex to the cell surface, which eventually leads to an increase in A β generation. Activation-induced receptor-mediated endocytosis of the β_2 -adrenergic receptor with the γ -secretase complex also results in an increase in A β production. Therefore, drugs

Search strategy and selection criteria

References for this Review were identified through searches of PubMed with the search terms "presenilin and neurological disease", "presenilin and Alzheimer's disease", "presenilin and spastic paraparesis", "presenilin and cancer", "gamma-secretase and neurological disease", "gamma-secretase and Alzheimer's disease", "gamma-secretase and spastic paraparesis", and "gamma-secretase and cancer" from January 1990 to November 7, 2009. Several relevant articles were also identified by screening the bibliographies of published work. Only articles published in English were reviewed.

that modulate the activity of these receptors might become useful as alternatives to γ -secretase inhibitors and modulators. The differential effect of GPR3 on APP versus Notch processing, indicating that A β generation can be blocked independently of any effects on Notch, makes GPR3 a particularly attractive target.

Conclusions and future directions

As the catalytic core of the γ -secretase enzymes, presenilins are key players in the production of aggregation-prone A β peptides. The many mutations in the presenilin and APP genes have provided strong evidence for the amyloid hypothesis of Alzheimer's disease pathogenesis. Although patients with autosomal dominant early-onset familial Alzheimer's disease account for less than 0.5% of all patients with Alzheimer's disease, they share a similar neuropathological profile with patients who have late-onset sporadic disease. Hence, much has been learned from studying the early-onset mutations. Given their wide expression and important biological role, one might expect presenilins to be involved in a large range of human diseases. So far, however, there is little evidence to support associations with diseases other than Alzheimer's disease. Despite more than a decade of research into γ -secretase inhibitors, no therapeutic drugs have yet reached the clinic. A major obstacle is the toxic Notch-related side-effects. If γ -secretase inhibitors that inhibit the processing of APP while sparing Notch can be further developed, this would provide a major breakthrough. Recent insights into the heterogeneity of the γ -secretase complexes might help the rational design of such compounds. However, even if effective γ -secretase inhibitors or other Notch-sparing γ -secretase therapies can be developed, the blood-brain barrier still poses a major problem.

Contributors

BAB and BDS planned the Review. BAB undertook the literature search and wrote the first draft. BDS rewrote, edited, and finalised the text.

Conflicts of interest

BDS has been a consultant for Envivo Pharmaceuticals, Johnson & Johnson, Esai, Eli-Lilly, Galapagos, and Remynd in the past 3 years. He has received research support from Envivo Pharmaceuticals, Eli-Lilly, and Movetis, and a freedom to discover award from Bristol-Myers Squibb. He holds several patents related to γ -secretases and β -secretases. BAB has no conflicts of interest.

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