

## Sleep Conference Schedule 2007-2008

### Conference Schedule

- I. Weekly clinical/multidisciplinary conference 3-4 p.m. each Wednesday (One session each month is devoted to Pediatrics) (MANDATORY)
- II. The Sleep Core Curriculum
- III. Research Conference (Participation expected at least monthly)
  - a. Weekly/Periodic lab meetings/ Work in Progress conferences of the fellows' respective laboratory/research project.
  - b. Annual presentation of fellow's research results to sleep faculty
  - c. Research Conference
    - i. Pulmonary –Critical Care (Monday 12:00-1:00 pm - schedule permitting, lunch provided)
    - ii. Department of Psychiatry (1st Thursday of every month, 12:00 to 1:00 p.m., VA Hospital, Building 100, room 7d-153.)
    - iii. Mental Illness Research, Education and Clinical Center (1st and 3rd Wednesdays, Noon to 1:00 p.m., VA Hospital, room 109, Building 101)
  - d. Harvard Sleep Grand Rounds (see schedule below)

The Sleep Core Curriculum consists of 4 parts.

- I. Sleep Medicine Didactic Curriculum Lectures (see below – MANDATORY)
- II. Polysomnogram Scoring and Interpretation- MANDATORY
  - a. Weekly Polysomnogram Scoring Session with Ken Rothwell, R. PSG.T. Wednesday 830-930 am until Christmas, OHSU Sleep Disorders Laboratory, Marriott Residence Inn)
  - b. Polysomnogram Interpretation with Faculty (each faculty is expected to staff *at least 2* sessions a year with the fellows)
- III. MANDATORY - VA Housestaff Program Education (complete annually - The modules can be accessed at <http://www.visn20.med.va.gov/portland/> . On the right side of the screen you will see a yellow box click **General Education** on this screen click **Resident Orientation** on the left side of the screen and click the following:
  - a. Ethics
  - b. Informed Consent
  - c. Relating to Others in a Diverse Workplace
  - d. Coding and Billing
  - e. Do's and Don'ts for Medical Records
  - f. Staff and Patient Safety
  - g. Infection Control (CBT)
  - h. Preventing Sexual Harassment
  - i. Privacy Policy (HIPAA)
  - j. VA Cyber Security Awareness Training

- IV. Weekly attendance at a Departmental or Divisional Grand Rounds
- Pulmonary- Critical Care Grand Rounds - Friday 1230-130 pm VA Conference Room Bldg 101/ Room 201, lunch provided.
  - Psychiatry Grand Rounds –1st, 3rd, 4th Tuesdays - 12 to 1 pm- Room 8B60, OHSU Hospital (for schedule see - <http://www.ohsu.edu/psychiatry/grandrounds/>)
  - Pediatrics Grand Rounds Thursday 8-9 am (Doernbecher Children's Hospital, Vey Conference Center, Marion Miller Auditorium 11th floor, room 11620)
  - Neuroscience Grand Rounds Seminars, Wednesday 8:00-9:00 a.m., OHSU Hospital 8B-60
  - Department of Medicine Grand Rounds, Tuesday 8:00-9:00 a.m., OHSU Hospital 8B-60

Sleep Medicine Didactic Curriculum Lectures 4-5 pm Academic Year 2007-08  
 Conference Room 13<sup>th</sup> Floor of Hatfield Research Center/OHSU

	<b>Date</b>	<b>Topic</b>	<b>Speaker</b>
Wednesday	July 11	RLS/PLMD	Kyle Johnson, MD
Wednesday	July 25	Basic Neurologic Sleep Mechanisms	Eilis Boudreau, MD, PhD
Wednesday	August 8	Pediatric Sleep Disorders (Non SDB)/Childhood Parasomnias	Kyle Johnson, MD
Wednesday	August 22	Physical, Neurological and Mental Status Exams/RBD and Parkinsonism	Eilis Boudreau, MD, PhD
Wednesday	September 5	Chronobiologic Mechanisms/Circadian Rhythm Disorders	Jon Emens, MD
Wednesday	September 19	Use of Oral Appliances in Sleep Disordered Breathing	Richard W. Moore, DDS/Sleep Medicine Network
Wednesday	October 3	Sleep Questionnaires/Insomnia in Men & Women with Cancer	Kathryn A. Lee, RN, PhD - UCSF
Wednesday	October 17	Airway Anatomy /Otolaryngologic Procedures for OSA	Mark Wax, MD
Wednesday	October 24	Narcolepsy/Hypersomnia	Chad Hagen, MD
Wednesday	October 31	Endocrine Physiology In Sleep Medicine/Actigraphy	Jon Emens, MD
Wednesday	November 14	OSA in Children	Holger Link, MD
Wednesday	November 28	Complex Sleep Disordered	DJ O'Hearn, MD

		Breathing	
Friday	November 30	Pulmonary Grand Rounds: Advanced Clinical Access in Sleep – The Business of Sleep Medicine (VA - 101/201)	DJ O’Hearn, MD
Wednesday	December 12	SIDS	Holger Link, MD
Wednesday	December 19	Portable Sleep Monitoring	D.J. O’Hearn, MD
Wednesday	January 9	Psychiatric Related Sleep Disorders	Chad Hagen, MD
Wednesday	January 23	Pharmacology of Sleep	Eilis Boudreau, MD, PhD
Wednesday	February 6	Insomnia	Kyle Johnson, MD/ Linda Gaeth, FNP
Wednesday	February 20	Nosology for Sleep Disorders	Vivek Dogra, MD
Wednesday	March 5	Treatment of Insomnia in Children	Tonya Palermo, PhD
Wednesday	March 19	GI Physiology in Sleep	Praseeda Sridharan, MD
Wednesday	April 2	Cardiovascular Physiology during Sleep & Pathophysiology	Gopal Allada, MD
Wednesday	April 16	Sleep and Chronic Illness	Tonya Palermo, PhD
Wednesday	April 30	Psychological and Psychometric Testing	Tonya Palermo, PhD
Wednesday	May 14	Legal Aspects of Sleep Medicine/Medical Ethics in Sleep Medicine	Bob Sack, MD
	American Thoracic Society - May 18 - 21, 2008. Toronto, Ontario	No core curriculum	
Wednesday	May 28	Fellow’s Presentation of Research	Praseeda Sridharan, MD, Vivek Dogra, MD
	SLEEP 2008 Meeting, June 7-12, 2008, Baltimore, Maryland	No core curriculum	
Online course - Portland VAMC	Online – Mandatory	Pain Management – Opiate Treatment	See VA Intranet – Education Division Homepage to access
Online course - Portland VAMC	Online – Mandatory	Quality Assessment/Performance Improvement – The High Performance Development Model	See VA Intranet – Education Division Homepage to access

## Harvard Sleep Grand Rounds

Videoconference (Monday, 9-10am) thru OHSU Sleep Disorders Program Subscription  
OHSU Library BICC room 131B except the 1/7/08 conference which is in  
room BICC 123.

<http://sleep.med.harvard.edu/what-we-do/seminars-lectures/sleep-grand-round>

Monday, September 10

Sleep Fragmentation Impairs Breathing Control via Adenosine A1 Receptors

Liming Ling, Ph.D.

Assistant Professor of Medicine

Brigham and Women's Hospital - Harvard Medical School

Monday, October 15

Ionic Mechanisms of Electrical Pacemaking in Suprachiasmatic Nucleus Neurons

Bruce Bean, Ph.D.

Professor of Neurobiology - Harvard Medical School

Monday, November 19

Sleep and Loss of Consciousness Under General Anesthesia

Emery N. Brown, M.D., Ph.D.

Professor of Anesthesia

Massachusetts General Hospital - Harvard Medical School

Professor of Computational Neuroscience and Health Sciences and Technology - MIT

Monday, December 10

Functional Genomic Approaches to Sleep and Its Disorders

Allan Pack, M.B., Ch.B., Ph.D.

Professor of Medicine

Department of Medicine - University of Pennsylvania

Monday, January 7

Sleep and its Disorders: Insights from Zebrafish

Alexander Schier, Ph.D.

Professor of Molecular and Cellular Biology - Harvard University

Monday, February 11

Reduced Sleep Duration and Quality: Impact on Risk of Obesity and Diabetes

Eve Van Cauter, Ph.D.

Professor of Medicine

Department of Medicine - University of Chicago

Monday, March 17, Monday, April 14, Monday, May 12, Monday, June 2 (tentative)

To be announced

The Peter C. Farell Annual Lectureship in Sleep Medicine