

Layton Aging & Alzheimer's Disease Center

Medication Fact Sheet

Oregon Health & Science University
3181 SW Sam Jackson Park Road, CR-131
Portland, OR 97239-3098
503.494.6976

RIVASTIGMINE

Trade Name (Exelon[®])

INSTRUCTIONS from _____

BEFORE starting this medication—STOP taking these cholinesterase inhibitor drugs:
Aricept[®] (donepezil), Reminyl[®] (galantamine), and
Cognex[®] (tacrine).

1. Follow this schedule for taking Rivastigmine (Exelon[®]) with your morning & evening meals:

- Weeks** ___ – ___ Take one 1.5 mg capsule (yellow) twice a day with food
Weeks ___ – ___ Take one 3 mg capsule (orange) twice a day with food
Weeks ___ – ___ Take one 4.5 mg capsule (red) twice a day with food
Weeks ___ – ___ Take one 6 mg capsule (orange & red) twice a day with food

2. Missed Doses and What To Do:

- If one dose is missed, it can be taken as soon as possible, unless it is less than 6 hours before the next dose is due.
- If doses have been missed for several days or longer, it would be needed to be restarted at the lowest dose and gradually increased. Contact your health care provider for instructions.

3. Notify your health care provider of any change in other prescribed or over-the-counter medications.

Possible side effects:

Allergic reactions
(rash, breathing difficulty)

Loss of appetite, nausea,
vomiting, diarrhea, and
fatigue.

What you can do about them:

STOP the medication. Call your health care provider or obtain emergency assistance.

These side effects occur more often when the dose is being increased, and most of the time, are temporary, lasting 1-3 weeks, then resolving with continued use. Be sure to take the medication with food and adequate liquid intake.

* Alzheimer's Association/ Oregon and Greater Idaho Chapter 1-800-733-0402 or
(503) 413-7115

*Alzheimer's Disease Education and Referral (ADEAR) Center:
1-800- 438-4380; www.alzheimers.org