



**OHSU Student Health and Wellness Center (SHW)
Student Blood-Borne Pathogen Exposure Procedure
Portland Campus**

Healthcare students are at risk of exposure to blood-borne infectious diseases; including HIV, Hepatitis B and Hepatitis C. Primary prevention strategies are key to reducing the risk of transmission. However, needlestick and splash exposures do happen and, when they do, it is very important students stop what they are doing to urgently address the exposure and get immediate follow up care. Transmission risk can be significantly lowered through post-exposure management.

BLOOD OR BODY SUBSTANCE EXPOSURE DEFINITION

Blood or body substance exposure occurs when:

- A. Human patient or non-human primate blood or body substance or other potentially infectious material comes in direct contact with the student's mucosa of mouth or eye or open skin lesion; or
- B. The student's skin is penetrated by a needle or other medical instrument contaminated by such substance.

PROCEDURE

- A. Promptly wash the exposed area or injury with soap and water. Irrigate exposed mucosal surfaces with water as soon as possible.
- B. The student should notify their supervisor, then immediately call or go to the Student Health and Wellness Center; 503-494-8665, located in the basement of Baird Hall, Room 18. Outside of SHW hours, the student should go to the OHSU Emergency Department and tell the triage nurse they are an OHSU student with an exposure to blood/body fluids.
 1. The student should provide the following information about the exposure source (do not delay reporting if this information is not known or is difficult to obtain):
 - a. The source patient's name, medical record number, location in the hospital system, diagnosis;
 - b. Previous hepatitis or HIV history and/or testing (including the most recent HIV viral load, if HIV positive);
 - c. Other potentially infectious conditions; and
 - d. Any other known risk factors (e.g. history of IV drug use).

Note: Your health care instruction site will arrange for testing of the source patient when possible.
 2. SHW will review any available information about the student's vaccine status. The student should be prepared to provide the following information to the OHSU Emergency Department, if seen there:
 - a. History of hepatitis B vaccine and postvaccination series titer results;
 - b. Date of last tetanus booster; and
 - c. Previous HIV or hepatitis C antibody test results.
- C. Follow-up serologic testing and management will be performed at SHW for active students. Any students that are ineligible to receive care for the full duration of the recommended follow up will be referred to the community to complete care and testing. SHW will be available to consult as needed in these cases.
- D. All occupational exposures to OHSU employees, volunteers and students must be documented in a confidential Incident/Quality Concern Report. This form is to be submitted electronically to the student's learning site supervisor within 24 hours of the incident. <https://wsirs.ohsu.edu/>

BILLING INFORMATION AND EXPOSURES AT NON-OHSU FACILITIES

Blood and Body Fluid exposures that occur in an OHSU facility in the Portland area are managed by SHW at no cost. Students that have an exposure outside of an OHSU facility should coordinate post-exposure care with that facility. When care is received outside of SHW, the student may need to utilize their own personal health insurance

for billing purposes and out of pocket costs may not be reimbursed. Students are not covered by workers' compensation. Students should contact SHW if they have any questions about how to receive post-exposure management for exposures that occur while performing their academic duties.